## Mt. Baker Planned Parenthood Profile 2023

Mt. Baker Planned Parenthood (MBPP) receives funding devoted solely to sexual and reproductive health and related preventive health services with a focus on low-income and uninsured persons. Funds support services such as breast and pelvic exams, Pap smears and other cancer screenings, STI/HIV testing, pregnancy testing and counseling, and affordable birth control, including long -acting reversible contraception (LARC). MBPP works with Washington State Department of Health to assure quality and affordable sexual and reproductive health services at its clinics in San Juan, Skagit, and Whatcom Counties.

In 2023, MBPP served 7,930 clients during 11,695 clinic visits, representing an 8% increase in clients and an 8% increase in clinic visits since 2022. An estimated 87% of female clients of reproductive age served in 2023 were on some form of contraceptive method resulting in a lower risk of unintended pregnancy, unplanned births, and abortions.

## MBPP served 7,930 clients in 2023

	2023		2022	
	Count	% of total	Count	% of total
Total	7,930	100%	7,372	100%
Male	990	13%	862	12%
Female	6,940	87%	6,510	88%
Females of reproductive age (15-44)	6,609	83%	6,242	85%
Hispanic	1,491	21%	1,051	44%
Non Hispanic:				
American Indian/Alaska Native	0		0	
Asian	210	3%	133	3%
Black or African American	147	2%	74	2%
Native Hawaiian/Other Pacific Islanders	37	<1%	29	1%
White	4,782	67%	3,397	69%
More than one race	450	6%	219	5%
	2023		2022	
Female Reproductive Age Clients by Contraception	Count	% of total	Count	% of total
No method	921	14%	895	14%
Combined hormonal methods	1,750	26%	1,630	26%
3-month hormonal injection	681	10%	753	12%
LARC	1,746	26%	1,766	28%
Barrier	940	14%	787	13%
Other methods	571	9%	411	7%

930-140 Title: Washington State Family Sexual & Reproductive Health Network

HEALTH

\* No method includes female clients 15-44 years who were pregnant or seeking pregnancy and those who reported no method.

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ETWORK

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## Sexual & reproductive health services provided by MBPP prevented an estimated\* 1,220 unintended pregnancies and 410 abortions, and saved over \$6.5M in health care costs in 2023 alone

MBPP's family planning services averted unwanted reproductive health outcomes and saved healthcare-related expenses by providing contraceptive services, testing and treatment for sexually transmitted infections, and vaccination against HPV to prevent cervical cancer. Most notably, in 2023 the agency's services prevented an estimated 1,220 unintended pregnancies, 570 unplanned births, and 410 abortions resulting in net savings of over \$6.5 million associated with maternal and birth-related care, miscarriages, ectopic pregnancies, and abortions averted.

## Estimate of unwanted outcomes and health expenditures prevented by MBPP family planning services, 2023

Unintended pregnancies	1,220
Unplanned births	570
Abortions	410
Miscarriages following unintended pregnancies prevented	230
Maternal & birth-related gross costs saved from contraceptive services	\$8,103,630
Miscarriage & ectopic pregnancy gross costs saved	\$257,440
Chlamydia infections	90
Gonorrhea infections	10
HIV Infections	**
Gross costs saved from STI testing	\$141,000
Gross costs saved from Pap and HPV testing & vaccinations	\$15,160
Total gross savings	\$8,517,230
Total family planning costs	\$1,956,520
Total net savings	\$6,560,710

\*Estimates are based on Washington State sexual and reproductive health clinic visit record data and formulas from Guttmacher Institute (Frost JJ et al., Return on investment: A fuller assessment of the benefits and cost savings of the US publicly funded family planning program, The Milbank Quarterly, 2014, <a href="http://onlinelibrary.wiley.com/enhanced/doi/10.1111/1468-0009.12080/">http://onlinelibrary.wiley.com/enhanced/doi/10.1111/1468-0009.12080/</a>)

\*\* Unable to report due to small numbers

*Data sources:* (1) Washington State Clinic Visit Record data 2022, 2023; (2) Guttmacher Institute Data Center. Estimates retrieved from https://data.guttmacher.org/calculator on 02/27/2024

FOR ADDITIONAL INFORMATION PLEASE CONTACT:

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