

# MOUNT BAKER PLANNED PARENTHOOD PROFILE 2021

Mount Baker Planned Parenthood (MBPP) receives funding devoted solely to sexual and reproductive health and related preventive health services with a focus on low-income and uninsured persons. Funds support services such as breast and pelvic exams, Pap smears and other cancer screenings, STI/HIV testing, pregnancy testing and counseling, and affordable birth control, including long-acting reversible contraception (LARC). MBPP works with Washington State Department of Health to assure quality and affordable sexual and reproductive health services at its clinics in San Juan, Skagit, and Whatcom Counties.

In 2021 MBPP served 7,340 clients during 10,459 clinic visits, representing an 8% decrease in clients and a 15% decrease in clinic visits since 2020. An estimated 86% of female clients of reproductive age served in 2021 were on some form of contraceptive method resulting in a lower risk of unintended pregnancy, unplanned births, and abortions.

## MBPP served 7,340 clients in 2021

	2021		2020	
	Count	% of total	Count	% of total
<b>Total</b>	<b>7,340</b>	<b>100%</b>	<b>7,979</b>	<b>100%</b>
Male	828	11%	1,015	13%
Female	6,512	89%	6,964	87%
- reproductive age (15-44 yrs)	6,269	85%	6,721	84%
Non Hispanic				
- White	3,234	44%	4,027	50%
- African American	67	1%	75	<1%
- American Indian/Alaska Native	0		0	
- Asian, Native Hawaiian/Pacific Isl.	154	2%	171	2%
Hispanic	884	12%	1,052	13%

## An estimated 86%\* of MBPP's female clients of reproductive age used contraception

	2021		2020	
	Count	% of total	Count	% of total
No method	859	14%	976	15%
Combined hormonal methods	1,860	30%	2,022	30%
3-month hormonal injection	698	11%	728	11%
LARC	1,863	30%	1,899	28%
Barrier	602	10%	679	10%
Other methods	387	6%	417	6%

\* The remaining 14% includes female clients 15-44 years who are pregnant or seeking pregnancy and those reporting no method.



**Sexual & reproductive health services provided by MBPP prevented an estimated\* 1,400 unintended pregnancies and 470 abortions, and saved over \$7.4M in health care costs in 2021 alone**

MBPP’s family planning services averted unwanted reproductive health outcomes and saved healthcare-related expenses by providing contraceptive services, testing and treatment for sexually transmitted infections, and vaccination against HPV to prevent cervical cancer. Most notably, in 2021 the agency’s services prevented an estimated 1,400 unintended pregnancies, 660 unplanned births, and 470 abortions resulting in net savings of over \$7.4 million associated with maternal and birth-related care, miscarriages, ectopic pregnancies, and abortions averted.

**Estimate of unwanted outcomes and health expenditures prevented by MBPP family planning services, 2021**

Unintended pregnancies	1,400
Unplanned births	660
Abortions	470
Miscarriages following unintended pregnancies prevented	270
Maternal & birth-related gross costs saved from contraceptive services	\$9,277,570
Miscarriage & ectopic pregnancy gross costs saved	\$294,730
Chlamydia infections	70
Gonorrhea infections	10
HIV Infections	**
Gross costs saved from STI testing	\$101,680
Gross costs saved from Pap and HPV testing & vaccinations	\$11,120
<b>Total gross savings</b>	<b>\$9,685,110</b>
<b>Total family planning costs</b>	<b>\$2,239,960</b>
<b>Total net savings</b>	<b>\$7,445,150</b>

*\*Estimates are based on Washington State sexual and reproductive health clinic visit record data and formulas from Guttmacher Institute (Frost JJ et al., Return on investment: A fuller assessment of the benefits and cost savings of the US publicly funded family planning program, The Milbank Quarterly, 2014, <<http://onlinelibrary.wiley.com/enhanced/doi/10.1111/1468-0009.12080>>.)*

*\*\* Unable to report due to small numbers*

**Data sources:** (1) Washington State Clinic Visit Record data 2020, 2021; (2) Guttmacher Institute Data Center. Estimates retrieved from <https://data.guttmacher.org/calculator> on 02/27/2022

**FOR ADDITIONAL INFORMATION PLEASE CONTACT:**

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