

PENINSULA COMMUNITY HEALTH SERVICES PROFILE 2021

Peninsula Community Health Services receives funding devoted solely to sexual and reproductive health and related preventive health services with a focus on low-income and uninsured persons. Funds support services such as breast and pelvic exams, Pap smears and other cancer screenings, STI/HIV testing, pregnancy testing and counseling, and affordable birth control, including long-acting reversible contraception (LARC). Peninsula works with Washington State Department of Health to assure quality and affordable sexual and reproductive health services at its clinics in Kitsap and Mason Counties.

In 2021 Peninsula served 2,977 clients during 3,566 clinic visits, representing roughly the same client load and a 5% increase in clinic visits from 2020. An estimated 81% of female clients of reproductive age served in 2021 were on some form of contraceptive method resulting in a lower risk of unintended pregnancy, unplanned births, and abortions.

Peninsula Community Health Services served 2,977 clients in 2021

	2021		2020	
	Count	% of total	Count	% of total
Total	2,977	100%	2,969	100%
Male	649	22%	804	27%
Female	2,328	78%	2,165	73%
- reproductive age (15-44 yrs)	2,202	73%	2,023	68%
Non Hispanic				
- White	1,870	63%	1,882	63%
- African American	124	4%	152	5%
- American Indian/Alaska Native	58	2%	51	2%
- Asian, Native Hawaiian/Pacific Isl.	220	12%	230	8%
Hispanic	459	25%	394	13%

An estimated 81%* of Peninsula’s female reproductive age clients used contraception

	2021		2020	
	Count	% of total	Count	% of total
No method	412	19%	405	20%
Combined hormonal methods	565	26%	540	27%
3-month hormonal injection	157	7%	154	8%
LARC	584	27%	406	20%
Barrier	181	8%	202	10%
Other methods	303	14%	311	15%

The remaining 19% includes female clients 15-44 years who were pregnant or seeking pregnancy and those reporting no method.

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Sexual & reproductive health services provided by Peninsula Community Health Services prevented an estimated* 500 unintended pregnancies and 170 abortions, and saved over \$2.6M in health care costs in 2021 alone

Peninsula’s sexual & reproductive health services averted unwanted reproductive health outcomes and saved healthcare-related expenses by providing contraceptive services, testing and treatment for sexually transmitted infections, and vaccination against HPV to prevent cervical cancer. Most notably, in 2021 the agency’s services prevented an estimated 500 unintended pregnancies, 240 unplanned births, and 170 abortions resulting in net savings of more than \$2.6 million associated with maternal and birth-related care, miscarriages, ectopic pregnancies, and abortions averted.

Estimate of unwanted outcomes and health expenditures prevented by Peninsula sexual and reproductive health services, 2021

Unintended pregnancies	500
Unplanned births	240
Abortions	170
Miscarriages following unintended pregnancies prevented	100
Maternal & birth-related gross costs saved from contraceptive services	\$3,316,680
Miscarriage & ectopic pregnancy gross costs saved	\$105,360
Chlamydia infections	10
Gonorrhea infections	**
HIV Infections	**
Gross costs saved from STI testing	\$12,850
Gross costs saved from Pap and HPV testing & vaccinations	\$9,520
Total gross savings	\$3,444,410
Total family planning costs	\$800,770
Total net savings	\$2,643,640

**Estimates are based on Washington State sexual and reproductive health clinic visit record data and formulas from Guttmacher Institute (Frost JJ et al., Return on investment: A fuller assessment of the benefits and cost savings of the US publicly funded family planning program, The Milbank Quarterly, 2014, <<http://onlinelibrary.wiley.com/enhanced/doi/10.1111/1468-0009.12080>>.)*

*** Unable to report due to small numbers*

Data sources: (1) Washington State Clinic Visit Record data 2020, 2021; (2) Guttmacher Institute Data Center. Estimates retrieved from <https://data.guttmacher.org/calculator> on 02/26/2022

FOR ADDITIONAL INFORMATION PLEASE CONTACT:

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