

A 3D-rendered red door with a silver handle and hinges, set within a white frame. The name 'Tanya' is written in white, bold, serif font across the center of the door. The door has a classic panel design with a smaller panel on top and a larger one on the bottom. The background is plain white.

Tanya



UNLOCK

the MYSTERY!

- Baby Tanya is three weeks old.
- Ten to fifteen minutes after her feedings, she becomes fussy, arches her back, and stiffens her hands and legs.



I NEED REPETITION TO SOOTHE

The parent rocks Tanya gently
back and forth, but Tanya
continues to fuss and cry.

Tanya

I Need Repetition to Soothe

DOOR 1





FEED ME

DOOR 2

Feed Me



The parent puts the bottle in
Tanya's mouth thinking that she
must still be hungry. Tanya sucks
a little, but starts to fuss and cry
again.
Tanya



I NEED SOMETHING TO BE DIFFERENT

The parent picks up Tanya, checks her diaper, and notices that she has just had a bowel movement. Tanya is content after the parent changes her diaper.

Tanya



DOOR 3

I Need Something to be Different



Elena



UNLOCK

the MYSTERY!

- Baby Elena is 6 weeks old.
- Despite being fed an hour ago, baby Elena begins to cry, draws her fists and legs towards her body, and moves her head from side to side.



I NEED REPETITION TO SOOTHE

Despite mom's attempts to rock and soothe her, Elena still puts her fists in her mouth, pulls her legs towards her body, and moves her head from side to side with outbursts of crying.

Elena

I Need Repetition to Soothe

DOOR 1





FEED ME

DOOR 2

Feed Me



Elena

Mom recognizes that Elena is displaying some of the hunger cues that she learned at WIC. Growth spurts are normal at this age causing babies to eat more frequently. Mom nurses her baby, and Elena settles down.



I NEED SOMETHING TO BE DIFFERENT

DOOR 3

I Need Something to be Different



Mom brings her face close to Elena to distract her. She picks her up and starts to walk back and forth with her. Elena puts her fist in her mouth and pulls her legs towards her body and continues to cry.

Elena



Joe



UNLOCK

- Baby Joe is 1 month old.
- Baby Joe has been displaying hunger cues for the past hour, but mom has been busy tending to the other children and running errands.
- After being distracted with a pacifier, being moved in and out of the car, and watching his active siblings, Joe starts to cry inconsolably.



I NEED REPETITION TO SOOTHE

Mom picks up Joe and gently rocks him over and over until he settles down. After Joe is calm, mom is able to feed him.

Joe



DOOR 1

I Need Repetition to Soothe



FEED ME

DOOR 2

Feed Me



Joe

Mom realizes that three hours have passed and her baby needs to be fed. Joe is so upset that he turns his head away, refuses to latch on, and screams even louder.



I NEED SOMETHING TO BE DIFFERENT

DOOR 3

I Need Something to be Different

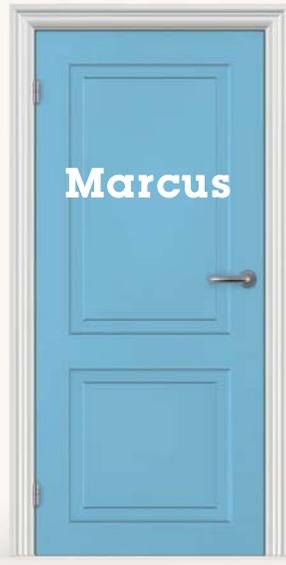


Joe's siblings try to calm him down by putting their faces close to him, rocking his car seat, and telling him, "It will be okay." Joe continues screaming, sucking on his hands, and pulling his knees to his chest.

Joe

A blue door with a silver handle and hinges, set in a white frame. The name "Marcus" is written in white, bold, sans-serif font across the center of the door. The door has a classic panel design with two rectangular panels, one above the other. The frame is white and has a decorative, multi-lined border. The door is set against a white background with a soft shadow underneath.

Marcus



UNLOCK

the MYSTERY!

- Baby Marcus is 3 months old.
- During his sister's 4th birthday party, Marcus shuts his eyes, stiffens his body, and cries loudly.



I NEED REPETITION TO SOOTHE

Mom stays in the party room and rocks the baby back and forth trying to stop the crying. The crying only gets worse.

Marcus

I Need Repetition to Soothe

DOOR 1





FEED ME

DOOR 2

Feed Me



Marcus

Mom sits on the couch in the party room with Marcus and starts to breastfeed. Marcus turns away and continues to scream.



I NEED SOMETHING TO BE DIFFERENT

DOOR 3

I Need Something to be
Different



Marcus

Mom takes Marcus into the
bedroom where it is quieter and
where there are fewer people.
She speaks gently to him until he
calms down and goes to sleep.



Luz



UNLOCK

the MYSTERY!

- Baby Luz is 5 months old.
- Every evening from 6 to 8 pm, Luz becomes quite fussy. She closes her eyes, tightens her face, and cries unless she is constantly held and rocked.
- This is a busy time of day. The kids are coming in from play, the news is on the TV, the phone is ringing, and even the dog is excited.



I NEED REPETITION TO SOOTHE

Mom realizes that Luz has been busy looking at faces, staying awake, listening to many sounds, and is overstimulated. She continues to hold and rock Luz, but the outside stimulation is still too much for her, and she continues to fuss.

Luz



DOOR 1

I Need Repetition to Soothe



FEED ME

DOOR 2

Feed Me



Luz

Mom tries to feed Luz thinking that she must be hungry because it is nearing dinner time. Luz nurses for a short time and then starts to cry.



I NEED SOMETHING TO BE DIFFERENT

DOOR 3

I Need Something to be Different



Luz

Mom realizes that Luz is overstimulated. To reduce stimulation, she turns off the TV, asks the children to stop running around, puts the dog out, and gets off the phone. Luz starts to calm down when mom reduces the outside stimulation.



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