

Tofu and Medical Documentation



Washington WIC Policy doesn't require medical documentation for tofu. However, Cascades requires medical documentation when participants request more than 4 pounds of tofu. Complete the medical documentation form when participants request:

For Children, pregnant, partially breastfeeding, non-breastfeeding postpartum, and pregnant and partially breastfeeding women:

- More than **4 pounds** of tofu
- Milk substitution over 1 gallon (occurs when cheese and yogurt are prescribed in addition to tofu)

For fully breastfeeding, partially breastfeeding multiples, and pregnant with multiples:

- More than 6 pounds of tofu
- Milk substitution over **1.5 gallons** (occurs when additional cheese and yogurt prescribed in addition to tofu)

Use these Cascades Steps only if the requested amount of tofu is greater than the amount Cascades allows for the participant's category.

Steps	Cascades Screen
 Select Prescribe Food Quick Link. 	Issue Benefits Prescribe Food Issue Food Instruments Food Instrument List Replace Current Benefits Exchange/Increase Formula





Steps	Cascades Scree	en		
Step 2	vFood Prescription Items			
Food Prescription Items	Category	Subcategory	Quantit	
-	Fruit & Vegetables Cash Value	Fruit and Vegetables - Cash Value Benefit	\$8.00	
• Reduce milk quantity so you	Bread/Whole Grains	Whole Wheat Bread or Whole Grains	32	
can add in tofu	Eggs	Eggs - all WIC	1-	
	Legumes	Peanut Butter/Beans All WIC	1	
Colort the Enter button on	Milk - Fat Reduced	Milk Reduced Fat or Nonfat All WIC	3.25	
• Select the Enter button on	Cheese or Tofu	Cheese - all WIC	1	
your keyboard.	Breakfast Cereal	Cereal All WIC - hot and cold	36	
	Juice - 64 oz	Juice - All WIC - 64 oz	2	
	Cheese or Tofu	Tofu	0	
	Cheese or Tofu Food Prescription Items	Tofu ↓	0	
	Cheese or Tofu Food Prescription Items Category	Tofu	Quantity	
	Cheese or Tofu Food Prescription Items Category Fruit & Vegetables Cash Value	Tofu Tofu Subcategory Fruit and Vegetables - Cash Value Benefit	0 Quantity \$8.00	
		Tofu	0 Quantity \$8.00 32	
	Cheese or Tofu * Food Prescription Items Category Fruit & Vegetables Cash Value Bread/Whole Grains Eggs	Tofu Tofu Subcategory Fruit and Vegetables - Cash Value Benefit Whole Wheat Bread or Whole Grains Eggs - all WIC	0 Quantity \$8.00 32 1	
	reserve or Tofu restrict or Tofu reserve or Tof	Tofu	0 Quantity \$3.00 32 1	
	Food Prescription Items Category Fruit & Vegetables Cash Value Bread/Whole Grains Eggs Legumes Mik - FatReduced	Tofu Tofu Tofu Mik Reduced Fat or Nonfat All WIC Mik Reduced Fat or Nonfat All WIC	0 Quantity \$8.00 32 1 1 1	
	rese or Tofu rescription Items Category Fruit & Vegetables Cash Value Bread/Whole Grains Eggs Legumes Mik - Fat Reduced Cheese or Tofu	Tofu	0 Quantity \$8.00 32 1 1 1 1	
	Cheese or Tofu * Food Prescription Items Category Fruit & Vegetables Cash Value Bread/Whole Grains Eggs Legumes Mik - Fat Reduced Cheese or Tofu Breakfast Cereal	Tofu Tofu T	0 Quantity \$8.00 32 1 1 1 1 1 36	





Steps	Cascades Screen				
 Step 3 Notice the Milk Substitution Calculator updates. 					
	Total Milk Available Milk Prescribed Total Milk Substituted Milk Remaining Unit of Measure 4 3.25 0.75 0 Gallon				
	Milk Substitution Calculator Total Milk Available Milk Prescribed Total Milk Substituted Milk Remaining Unit of Measure				
	4 1 0.75 2.25 Gallon				
<u>Step 4</u>					
Add Item to Food Prescription	Add Item to Food Prescription				
• Category = Cheese or Tofu	Category Subcategory Quantity Max / Med Max UOM Cheese or Tofu Tofu 5 4 / 22 Pound Add Item Clear				
• Subcategory = Tofu					
• Enter the number of pounds of tofu in Quantity.					
• Select Add Item button.					





Steps	Cascades Screen
Step 5 If you enter a number in Quantity that is greater than the maximum amount allowed by Cascades, you will get a Status Message.	Add Item to Food Prescription Category Subcategory Quantity Max/ led Max UOM Cheese or Tofu Tofu Tofu Cheese or Tofu Quantity and the Clear Status Message Quantity exceeds the Max Quantity Allowed. Medical Documentation Required.
 <u>Step 6</u> Attach Medical Documentation <u>Prescription Dates</u> <u>Effective Date = Today's date</u> <u>Expiration Date = Up to one year max from</u> 	Attach Medical Documentation Prescription Dates Effective Date Additional prescription Date
 effective date Diagnosis Information Medical Reason = Enter "Other Medical Diagnosis" ICD or Diagnosis code = 	Diagnosis Information Medical Reason * ICD Code * Other Medical Diagnosis * N/A Diagnosis Code * Verbal Order *
N/A Physician's Information Physician's Name = Clinic name Physician's Phone = Clinic number	Physician Information Physician's Name Physician's Phone Physician's Email Medical Food Prescribed Non-Medical Food Prescribed DOH (555) 555-5555 Image: Control of the state





Steps	Cascades Screen
 Step 7 Medical Food Prescription Scroll to bottom. Check-mark Cheese or Tofu. Select Save. 	A Status Message will display: Medical Documentation was saved successfully.
Attach Medical Documentation	
Prescription Dates Expiration Date Prescription D 3/6/2019 Image: Constraint on the state of the state	te Pingnosis Code * OR Verbal Order *
Physician Information Physician's Name Physician's Phone Physician's Phone Physician DOH (555) 555-5555	's Email Medical Food Prescribed Non-Medical Food Prescribed
Medical Food Prescription	Total Items: 9
Legumes Cheese or Tofu Mik - Whole Breakfast Cereal Juice - 64 oz Cheese or Tofu	Peanut Butter/Beans All WIC Cheese - all WIC Milk - Whole All WIC Cereal All WIC - hot and cold Juice - All WIC - 64 oz Tofu
Add Acountorial Predict Pools Category Subcategory Add Ite Scan Document	n Clear
Juice - 64 oz	Juice - All WIC - 64 oz
Cheese or Tofu	Tofu
N	



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Steps	Cascades Screen		
Step 8			
Review Food Prescription Items	Food Prescription Date WIC Category Age Category 🍠 Family Issuance Day 🍠 Issuance Frequency	3/6/2019 12 to 23 Months	
Return to Prescribe Food	3/6/2019 Child 12 to 23 Months 2 25 3 Month(s) Food Prescription Items		
Quick Link.	Category Fruit & Vegetables Cash Value	Subcategory Fruit and Vegetables - Cash Value Benefit	Quantity \$8.00
• Verify Cheese and Tofu was	Bread/Whole Grains Econs	Whole Wheat Bread or Whole Grains	32
added to the Food	Legumes	Peanut Butter/Beans All WIC	1
	Cheese or Tofu Mik - Whole	Cheese - all WIC Milk - Whole All WIC	2
Prescription items list.	Breakfast Cereal	Cereal All WIC - hot and cold	36
	ULCE - 54 0Z Cheese or Tofu	Tuice - All WIC - 64 oz Tofu	5
Verify other items in food			
prescription are correct.	Add Item to Food Prescription Category Subcategory Quantity Max / Med Max UOM		
	Add Item Clear		
<u>Step 9</u>			
Issue Benefits			
 Select Issue button to issue benefits. 	Next Certification Due Notice	6 Ounce Cancel	

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For persons with disabilities, this document is available on request in other formats. To submit a request, please call 1-800-525-0127 (TDD/TTY call 711) DOH 961-1171 July 2019

