



Cascades 3.7 Training Materials

Non-food Benefit Changes



Cascades 3.7

- We'll implement on **Monday, October 18th**
- We divided the training into 2 PowerPoints
 - Each PowerPoint is self-guided
 - The PowerPoints aren't narrated
 - We provided additional information in the PowerPoint Notes handout
 - You can also view the PowerPoint notes using the Annotations view
- This PowerPoint covers the non-food benefit related changes listed on the next slide





TOPICS

- Current pregnancy weight status
- Low Pregnancy Weight Gain
- High Pregnancy Weight Gain
- Transfer Into State
 - During the month the child turns 5 years of age
 - Infants certified between 7 – 12 months of age
- Presume Eligible (PE) participant with missing proof(s)
- Journal of Transactions – Family ID
- Family Services Analysis
- View scanned documents
- Detailed participant information
- Spell check icon

Please review the topics relevant to your role in the clinic





Current Pregnancy Weight Status

*Cascades now only uses
current pregnancy weights to
determine risk*



CURRENT PREGNANCY WEIGHT

Current pregnancy status is used to determine risk

- Cascades will only use measurements from the current pregnancy to determine weight-related risks.
- Previously Cascades used measurements entered from a prior pregnancy in some cases.





Low Pregnancy Weight Gain

*Cascades correctly
assesses Low Weight
Gain for all trimesters*



LOW WEIGHT GAIN

The Low Weight Gain (131) risk has 2 parts:

1. Weight gain that plots **below the bottom line** of the appropriate weight gain grid **at any point during the pregnancy**.
2. Weight gain that meets the definition of **low rate of weight gain in the 2nd and 3rd trimesters** from the nutrition risk criteria.





LOW WEIGHT GAIN

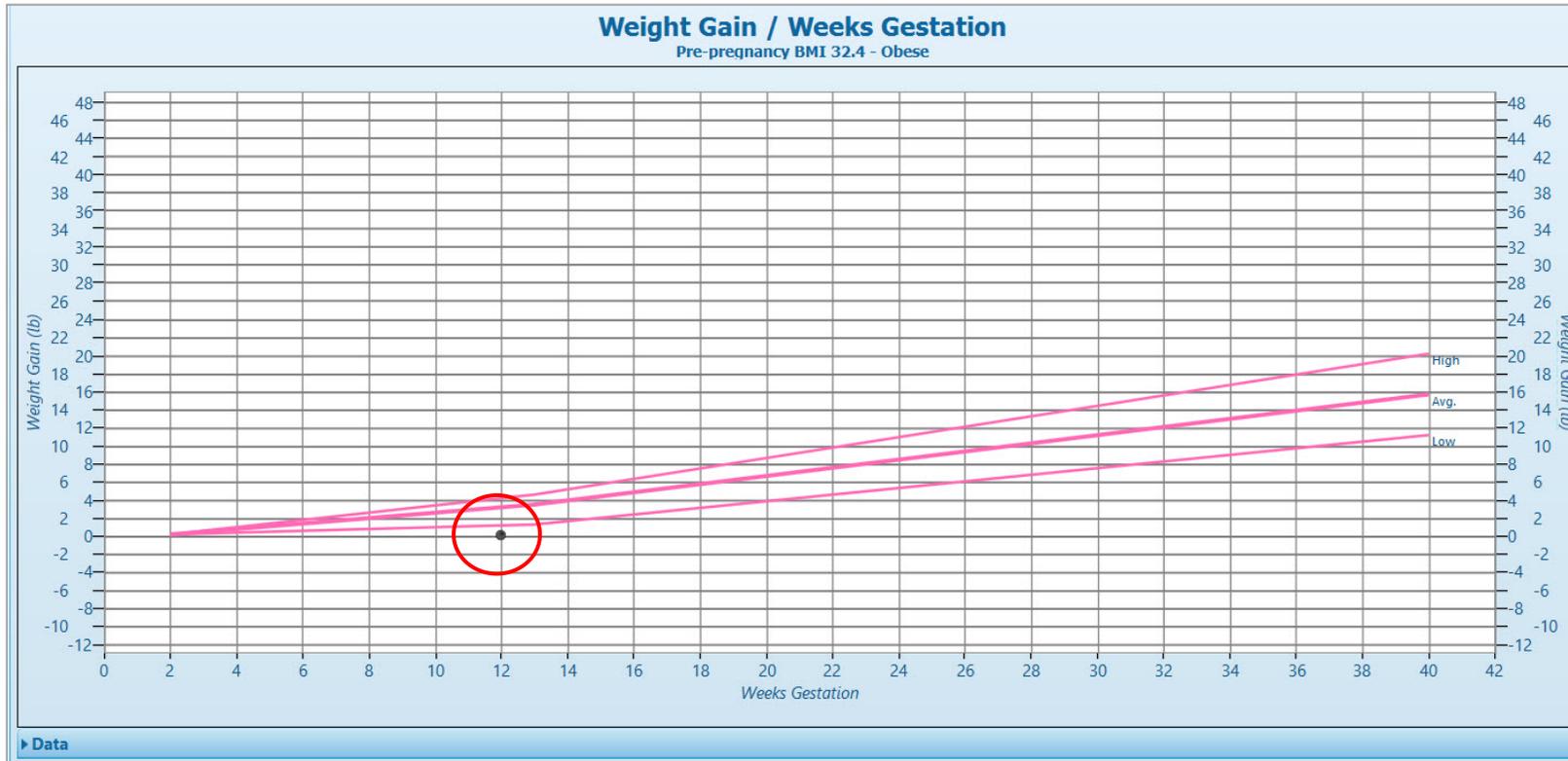
Low Weight Gain that plots below the bottom line of the prenatal grid

- Requires only 1 weight measurement that plots **below the bottom line** of the appropriate weight gain grid at any time in the pregnancy
- When this occurs, Cascades assigns:
 - **“Low Weight Gain”** in the 1st trimester – not high risk
 - **“Low Weight Gain (2nd & 3rd tri)”** in the 2nd & 3rd trimester – high risk

Example on next slide

LOW WEIGHT GAIN THAT PLOTS BELOW THE GRID EXAMPLE

Anthro/Lab screen – Prenatal Grid



- 1 measurement is entered in Cascades.
- Weight plots below the bottom line of the grid in the 1st trimester.
- Cascades assigns the risk “Low Weight Gain” for the participant’s BMI status.
- The risk isn’t high risk in the first trimester.
- Additional risks are assigned based on information entered in the participant’s file.

Assigned Risk Factors screen

| Assigned Risk Factors | | | | | | | Total Items: 4 |
|-----------------------|------------------------------|-----------|----------|-------------|----------|--|----------------|
| Risk Code | Description | High Risk | Priority | Assigned By | Comments | | |
| 131 | Low Weight Gain - BMI >= 30 | | I | System | | | |
| 111 | BMI >= 25 | | I | System | | | |
| 332 | Two Pregnancies in Two Years | | I | System | | | |
| 321 | Spontaneous Abortion (Hx) | | I | System | | | |

Select Risk Factors



LOW WEIGHT GAIN

Low Weight Gain in the 2nd & 3rd trimesters

Cascades assigns the high-risk factor “Low Weight Gain – (2nd & 3rd tri)” when:

- 1 measurement plots below the bottom line of the grid in the 2nd or 3rd trimester, **or**
- 2 or more measurements in the **2nd or 3rd trimesters** (taken at least 1 week apart) meet the nutrition risk definition of **low rate of weight gain** for the participant’s pre-pregnant BMI classification

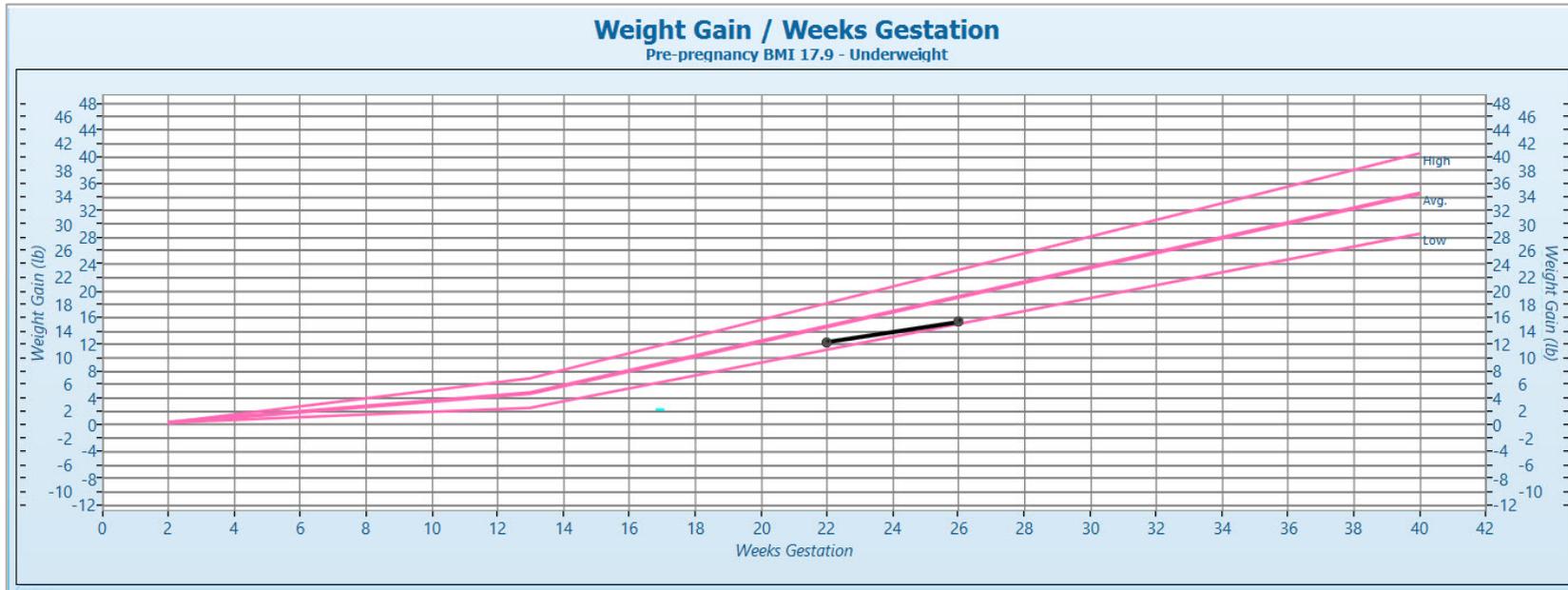
The low rate of weight gain definition from the nutrition risk criteria is shown on next slide

LOW WEIGHT GAIN 2ND & 3RD TRIMESTER

| Pre-pregnancy Weight Classification | BMI | Total Weight Lbs./week |
|-------------------------------------|---|------------------------|
| Underweight | < 18.5 | < 1 |
| Normal weight | 18.5 to 24.9 | < 0.8 |
| Overweight | 25.0 to 29.9 | < 0.5 |
| Obese | ≥ 30.0 | < 0.4 |
| Multi-fetal Pregnancies | Cascades doesn't assess low weight gain for multi-fetal pregnancies | |

LOW WEIGHT GAIN 2ND & 3RD TRIMESTER EXAMPLE

Anthro/Lab screen – Prenatal Grid



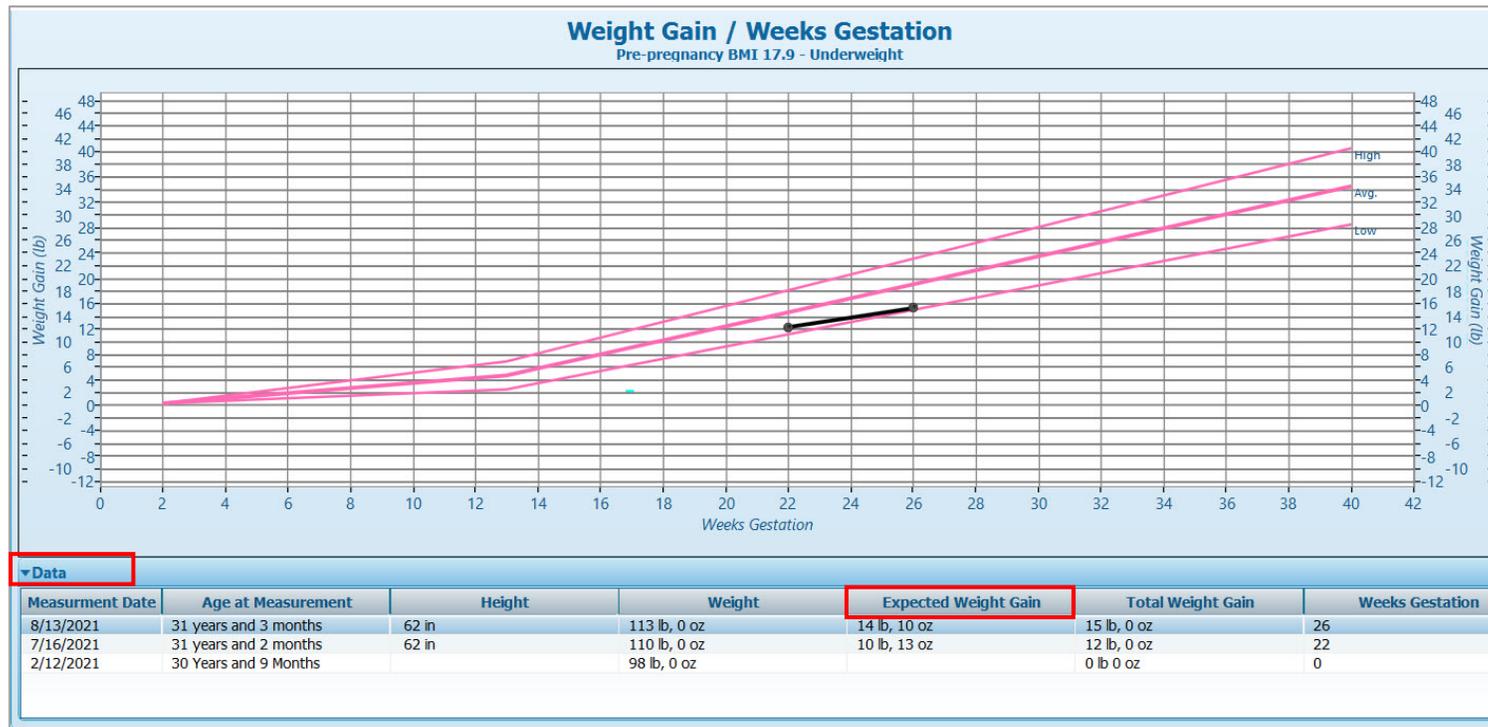
Assigned Risk Factors screen

| Assigned Risk Factors | | | | | | | Total Items: 3 |
|-----------------------|---|-----------|----------|-------------|----------|--|----------------|
| Risk Code | Description | High Risk | Priority | Assigned By | Comments | | |
| 904 | Secondhand Smoke | | I | System | | | |
| 101 | BMI < 18.5 | | I | System | | | |
| X 131 | Low Weight Gain - BMI < 18.5 (2nd & 3rd tr) | Yes | I | System | | | |

Select Risk Factors

- 2 measurements are entered in Cascades for the 2nd trimester.
- The measurements are 4 weeks apart.
- The weight gain meets the definition of low rate of weight gain. (See next slide for the calculation.)
- Cascades assigns “Low Weight Gain – (2nd & 3rd tri)” for the BMI status.
- The risk is high risk in the 2nd & 3rd trimesters.
- Additional risks are assigned based on information entered in the participant’s file.

PRENATAL WEIGHT GAIN DATA GRID



Data Grid

- Open the Data Grid by pressing the word “Data” below the prenatal grid
- The Data Grid lists measurements for the current pregnancy

Rate of Weight Gain

Even though the participant’s weight plots above the bottom line of the graph, it **meets the risk definition for low rate of weight gain** from the nutrition risk criteria.

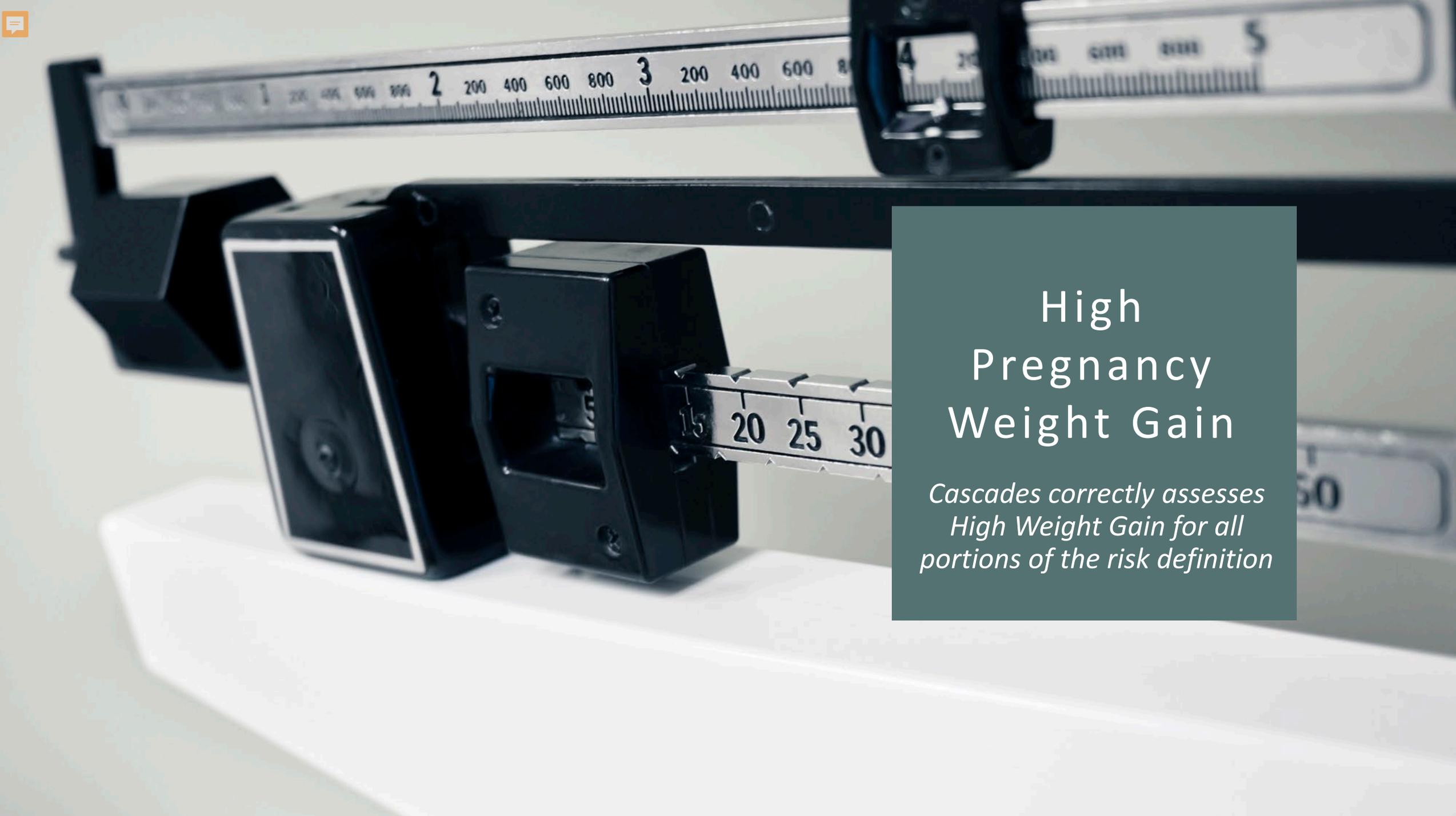
- The participant gained 3 pounds in 4 weeks = 0.75 pounds/week
- The rate of gain falls below the recommendation of 1 pound/week for the participant’s BMI status

Expected weight gain - displayed in the data grid:

- The weight gain **reflected by the bottom line of the graph** for the number of weeks gestation.

Low rate of weight gain - **not** displayed in the data grid:

- The rate of weight gain from the **nutrition risk criteria** for the 2nd & 3rd trimesters that qualifies as low rate of weight gain.



High Pregnancy Weight Gain

*Cascades correctly assesses
High Weight Gain for all
portions of the risk definition*



HIGH WEIGHT GAIN

The High Weight Gain (133) risk has 2 parts:

1. High weight gain that plots **above the top line** of the appropriate weight gain grid **at any point during the pregnancy.**
2. **Weight gain in the 2nd and 3rd trimesters** that meets the **definition of high rate of weight gain** from the nutrition risk criteria.





HIGH WEIGHT GAIN

High Weight Gain that plots above the top line of the prenatal grid

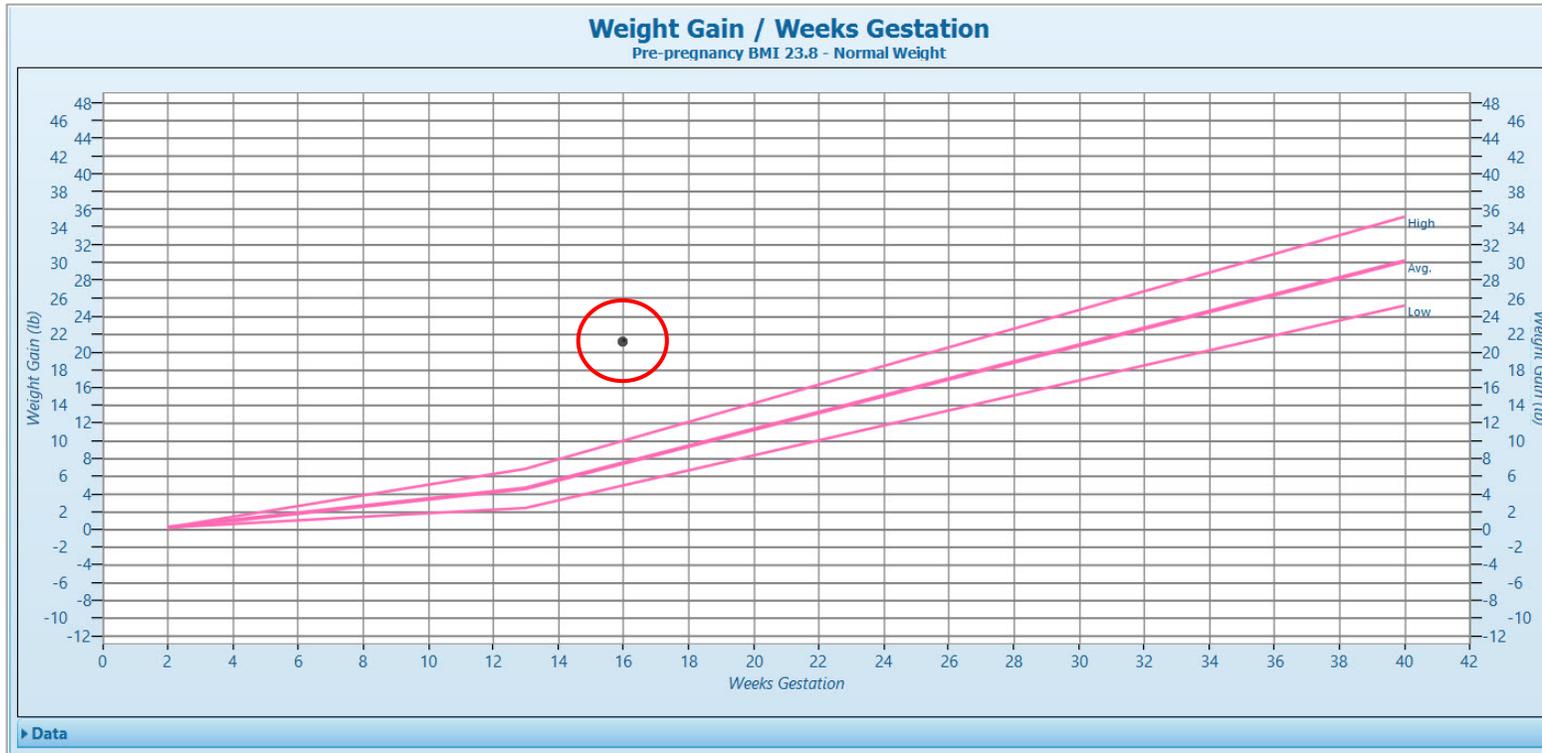
- Requires only 1 weight measurement that plots **above the top line** of the appropriate weight gain grid
- Can occur at any point in the pregnancy
- Cascades assigns “High Weight Gain” – staff no longer have to manually assign this risk factor
- Is high risk factor

Example on next slide



HIGH WEIGHT GAIN THAT PLOTS ABOVE THE GRID EXAMPLE

Anthro/Lab screen – Prenatal Grid



- 1 measurement is entered in Cascades.
- Weight plots above the top line of the grid in the 2nd trimester.
- Cascades assigns the High Weight Gain risk for the participant's BMI status.
- The risk is high risk.
- Additional risks are assigned based on information entered in the participant's file.

Assigned Risk Factors screen

| Assigned Risk Factors | | | | | | | Total Items: 1 |
|-----------------------|------------------------------------|-----------|----------|-------------|----------|--|----------------|
| Risk Code | Description | High Risk | Priority | Assigned By | Comments | | |
| X 133 | High Weight Gain - BMI 18.5 – 24.9 | Yes | I | System | | | |

Select Risk Factors



HIGH WEIGHT GAIN

High Weight Gain in the 2nd & 3rd trimesters

- Requires 2 or more measurements taken in the **2nd or 3rd trimesters** that are at least 1 week apart.
- Cascades compares the rate of weight gain to the nutrition risk criteria definition (see next slide).
- Cascades assigns the High Weight Gain risk
 - There isn't a separate 2nd & 3rd trimester risk for high weight gain at this time
 - High risk factor





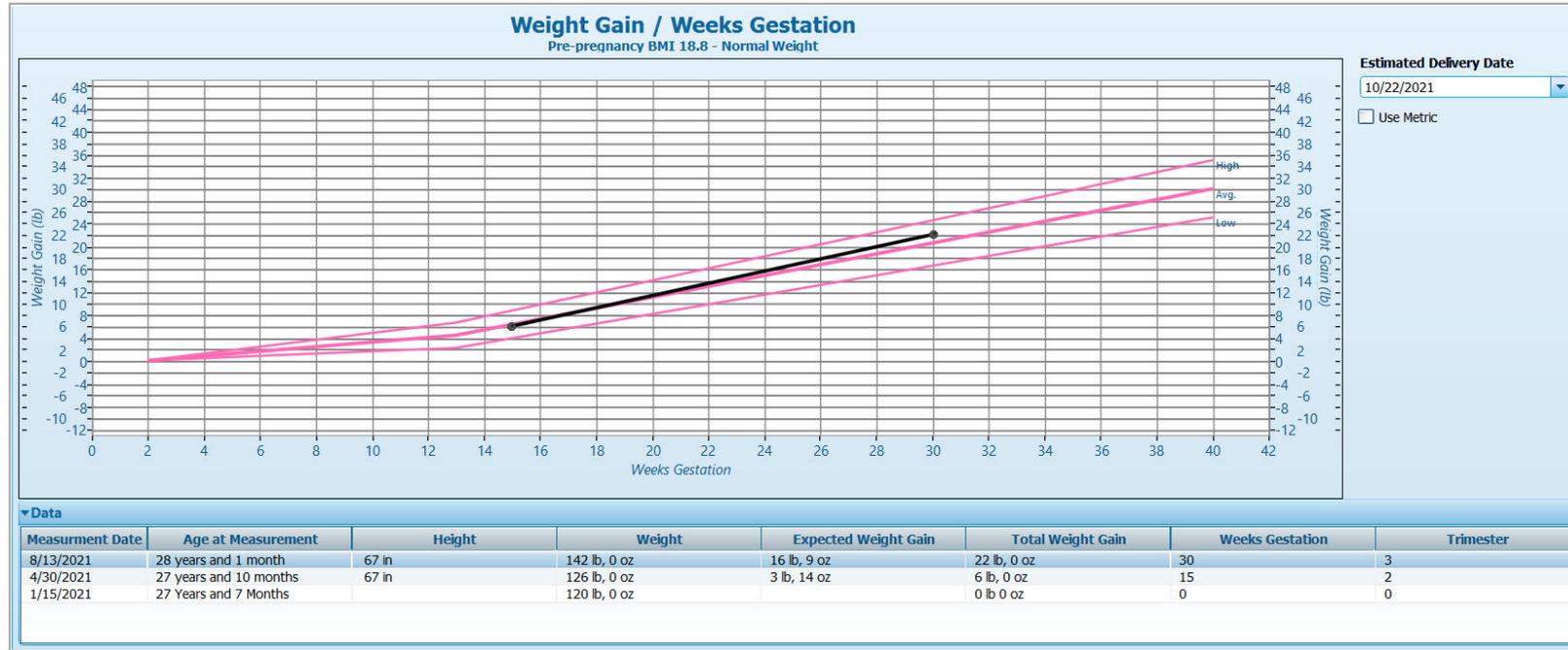
HIGH WEIGHT GAIN 2ND & 3RD TRIMESTER

| Pre-pregnancy Weight Classification | BMI | Total Weight Lbs./week |
|-------------------------------------|--|------------------------|
| Underweight | < 18.5 | > 1.3 |
| Normal weight | 18.5 to 24.9 | > 1 |
| Overweight | 25.0 to 29.9 | > 0.7 |
| Obese | ≥ 30.0 | > 0.6 |
| Multi-fetal Pregnancies | Cascades doesn't assess high weight gain for multi-fetal pregnancies | |



HIGH WEIGHT GAIN 2ND & 3RD TRIMESTER EXAMPLE

Anthro/Lab screen – Prenatal Grid



- 2 measurements are entered in Cascades for the 2nd & 3rd trimesters.
- The measurements are at least 1 week apart.
- Even though the weight gain plots within the graph, it meets the high rate of weight gain definition.
- Cascades assigns the High Weight Gain risk for the participant's BMI status.
- The risk is high risk.
- Additional risks are assigned based on information entered in the participant's file.

Assigned Risk Factors screen

| Assigned Risk Factors | | | | | | | Total Items: 1 |
|-----------------------|------------------------------------|-----------|----------|-------------|----------|--|----------------|
| Risk Code | Description | High Risk | Priority | Assigned By | Comments | | |
| X 133 | High Weight Gain - BMI 18.5 - 24.9 | Yes | 1 | System | | | |

Select Risk Factors



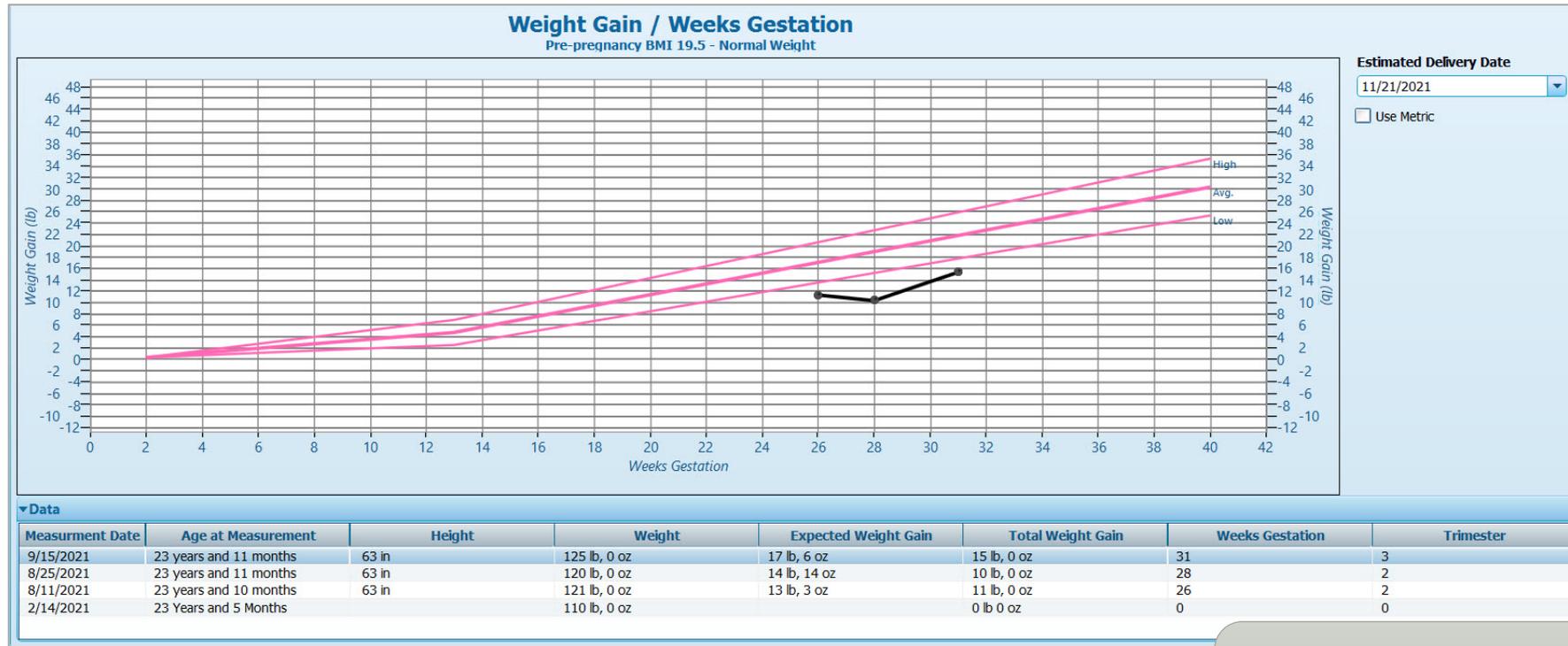
LOW & HIGH WEIGHT GAIN

It's possible to have BOTH low and high weight gain at the same time

- A participant's weight gain can meet the definition for both low and high weight gain at the same time.
- Cascades assesses for, and assigns, these risks when they apply.
- Staff use critical thinking when sharing information about the weight gain graph and nutrition education.



LOW & HIGH WEIGHT GAIN EXAMPLE



Low Weight Gain

The participant's weight plots below the bottom line of the graph

High Weight Gain

The rate of weight gain in the 2nd & 3rd trimesters meets the risk criteria definition

See the Notes hand-out for more information about the calculations used for the risk assessment



MULTIFETAL LOW & HIGH WEIGHT GAIN

Cascades doesn't assess Low or High Weight Gain for Multifetal pregnancies



- Cascades won't assign Low or High Weight Gain risks when staff document more than "1" for the **Number of Fetuses this Pregnancy** (located on the Health Information screen).
- Staff assess and **manually** select appropriate weight gain risks on the Assigned Risk Factors screen.
 - Multiples prenatal grids are on the WIC website
- We plan to add multifetal prenatal weight gain grids and the risk calculation in a future release.



Transfer Into State

*Children who turned 5 years old
Infants certified between 7 – 12
months of age*



TRANSFER INTO STATE



Transfer Into State during the month a child turns 5

- Children are eligible **through** the month they turn 5 years of age.
- Cascades will now allow staff to **create the participant file and transfer the child in** after the 5th birthday, but before the end of the month when the eligibility expires.
- Staff can't complete a certification on or after the 5th birthday.

TRANSFER INTO STATE EXAMPLE

Participant Demographics screen

TRANSFERINTOSTATE Family
Family ID: F00100000265
123 MAIN STREET
OLYMPIA, WA 98501

General Information

Identity Information

Last Name ★: TRANSFERINTOSTATE
First Name ★: CHILD
M.I.:
Nickname:
Suffix:
Gender: Male
Proof of Identification ★: COVID-19
Date of Birth: 8/12/2016
WIC Category: Child
Age: 5 years

- The family transferred to Washington WIC on 8/19/2021.
- The child turned 5 years old 8/12/2021.
- The transfer card shows the certification started 8/6/2020 and ends 8/31/2021.
- Staff created the child's file **after** the 5th birthday and transferred in with the **full eligibility period** through the end of the month.

Transfer Into State screen

TRANSFERINTOSTATE Family
Family ID: F00100000265
123 MAIN STREET
OLYMPIA, WA 98501

VOC

VOC Information

Certification Start Date ★: 8/6/2020
Certification End Date ★: 8/31/2021
Expected Delivery Date:
Actual Delivery Date:
 Does child have a health risk? High risk?



TRANSFER INTO STATE

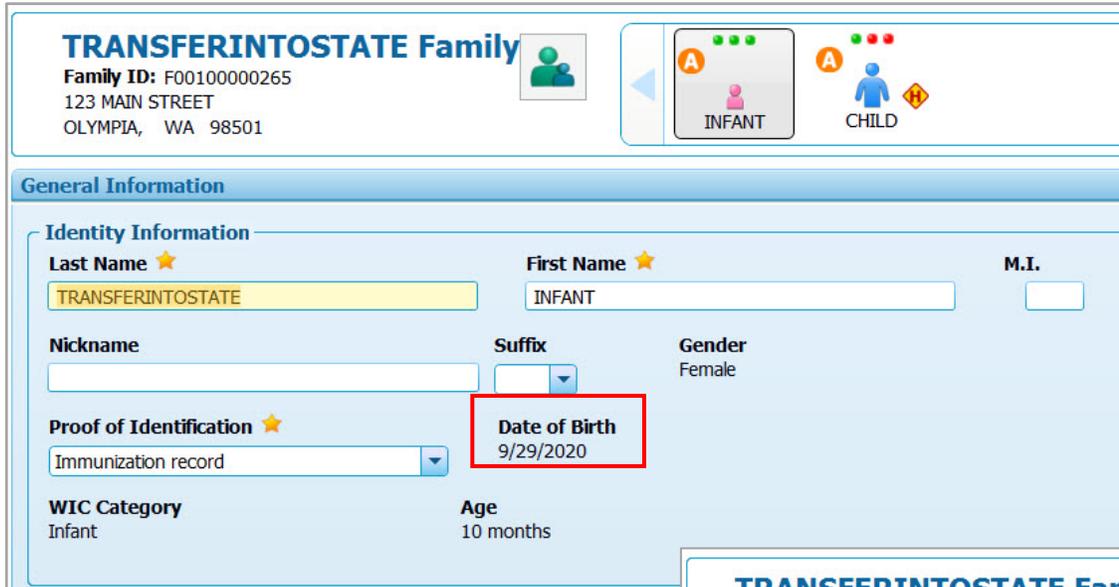
Transfer Into State when certified between 7 and 12 months of age

- Infants certified between 7 and 12 months of age receive a **6-month eligibility period**.
- Cascades now allows staff to transfer the infant in and provide 6 months of eligibility and not end eligibility at the end of the month they turn 1 year of age.
 - Previously Cascades wouldn't allow the certification end date past the end of the month the infant turned one.
- Staff can transfer the infant in at any time during the eligibility period (before or after the 1st birthday).



TRANSFER INTO STATE EXAMPLE

Participant Demographics screen



TRANSFERINTOSTATE Family
Family ID: F00100000265
123 MAIN STREET
OLYMPIA, WA 98501

General Information

Identity Information

Last Name ★
TRANSFERINTOSTATE

First Name ★
INFANT

M.I.

Nickname

Suffix

Gender
Female

Proof of Identification ★
Immunization record

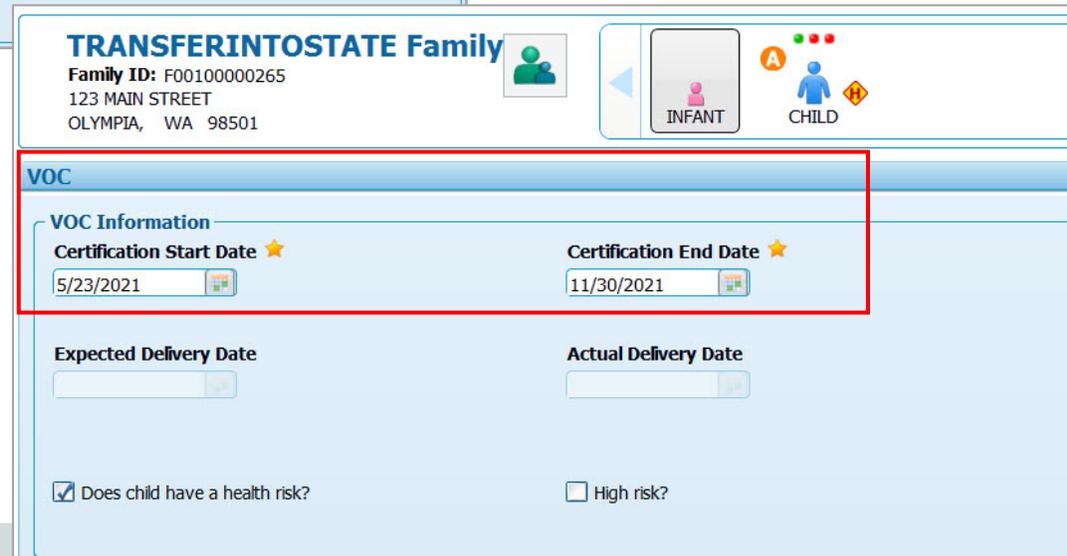
Date of Birth
9/29/2020

WIC Category
Infant

Age
10 months

- The infant was born 9/29/2020 and was certified on 5/23/2021 at 8 months of age.
- The transfer card shows the certification started 5/23/2021 and ends 11/30/2021 (after the 1st birthday).
- Staff transferred the participant in with the **full 6-month eligibility period** (to the end of the month). Cascades didn't end eligibility at the end of the 12th month.

Transfer Into State screen



TRANSFERINTOSTATE Family
Family ID: F00100000265
123 MAIN STREET
OLYMPIA, WA 98501

VOC

VOC Information

Certification Start Date ★
5/23/2021

Certification End Date ★
11/30/2021

Expected Delivery Date

Actual Delivery Date

Does child have a health risk? High risk?

Cascades provides the correct food benefits based on participant age



Presumed Participant with Missing Proof(s)

*Proofs are required before
completing the assessment and
issuing additional benefits*



PRESUMED ELIGIBLE (PE) WITH MISSING PROOF

Presumed Eligible (PE) participants terminated for missing proofs then reinstated

- After reinstating a terminated PE participant for missing proofs, **staff must enter the proofs** and complete the assessment in order to issue additional benefits.
- Cascades previously released the Temporary Certification End Date for PE participants reinstated after being terminated for missing proofs, but staff didn't enter the proof.
- This version of Cascades fixes the issue.

During the COVID-19 waiver period staff can use the **COVID-19 proof selection** for participants who can't provide proofs due to remote services.



A FEW MORE LITTLE THINGS

- Family IDs (not names) display in the Journal of Transactions when transferring individuals between families
- Family Services Analysis screen error is fixed
- Staff can view scanned documents
- Detailed Participant Information pop-up shows completely
- Spell Check icon displays completely



JOURNAL OF TRANSACTIONS

The Journal of Transactions now displays **Family ID's** instead of names **when transferring individuals** between families in Cascades

Transaction Criteria

Select Participant or Family: All | Select Activity: All | Start Date: 7/18/2021 | End Date: 8/18/2021 | Search

Transaction History (Total Items: 4)

| Occurrence Date | Activity Description | Participant Name | Staff Name Modified | Staff Name Created |
|-----------------|---|------------------|---------------------|--------------------|
| 8/17/2021 | Food Prescribed | TRANSFER EXAMPLE | Osorio Maria | Osorio Maria |
| 8/17/2021 | WIC Food Instrument Issuance | TRANSFER EXAMPLE | Setup System | Osorio Maria |
| 8/17/2021 | WIC Food Instrument Issuance | TRANSFER EXAMPLE | Setup System | Osorio Maria |
| 8/17/2021 | Transfer Individual From One Family To Another Family | TRANSFER EXAMPLE | Osorio Maria | Osorio Maria |

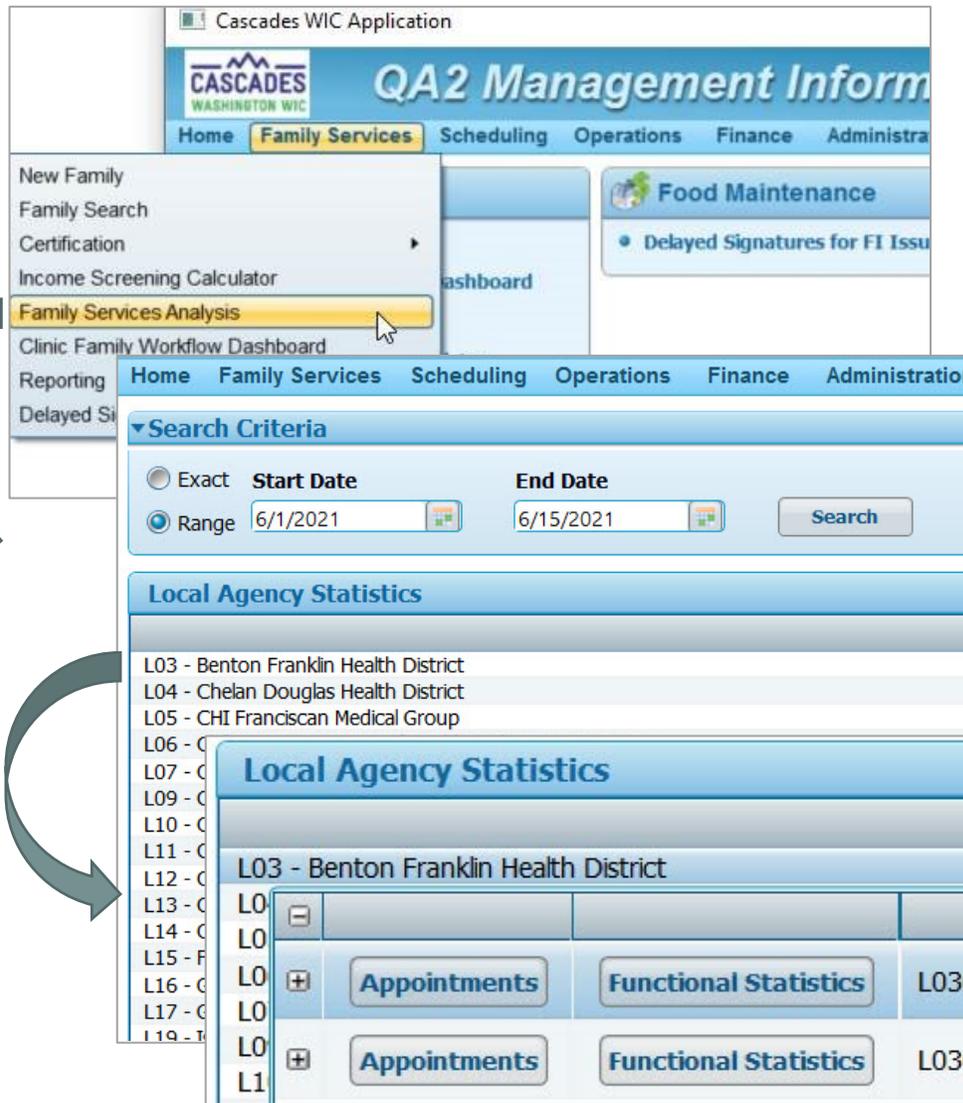
Transfer Date: 8/17/2021 | Participant Name: TRANSFER EXAMPLE | Activity Description: Transfer Individual From One Family To Another Family | From Location (Agency Name/Clinic Name): | To Location (Agency Name/Clinic Name): | VOC-In: | From Family: LF11283212 | To Family: F03200000786 | VOC-Issued: | Comment Date:

Staff Name Modified: Osorio Maria

Journal of Transactions (JOT) screen

- Provides **confidentiality** for foster and birth families.
- Helps state and local staff **find the original family more easily when needed** - especially when the family has a common name.

FAMILY SERVICES ANALYSIS



Family Services Analysis screen

- Open the Family Services menu at the top of the screen and select Family Services Analysis.
- After entering a date range, the screen now opens without an error message.
- Staff see only the agencies and clinics for which they have permission.

Local Agency Statistics

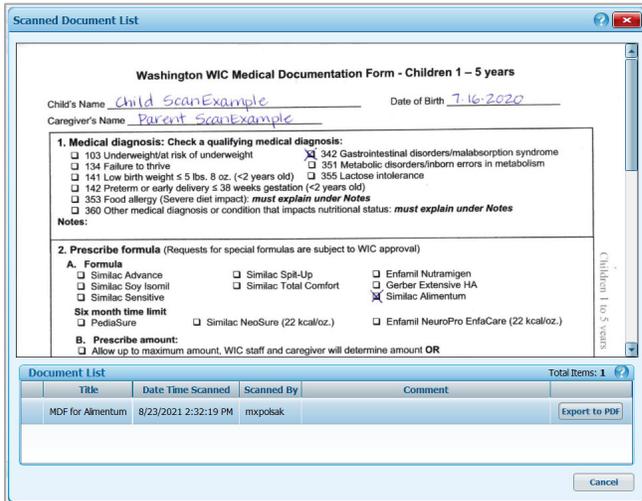
- Click on an agency to see general statistics for appointments.
- Choose Appointments to learn more about the specific appointments during the date range entered.
- Choose Functional Statistics to see how often staff use different screens in Cascades and how much time is spent on each one.



A FEW FIXES

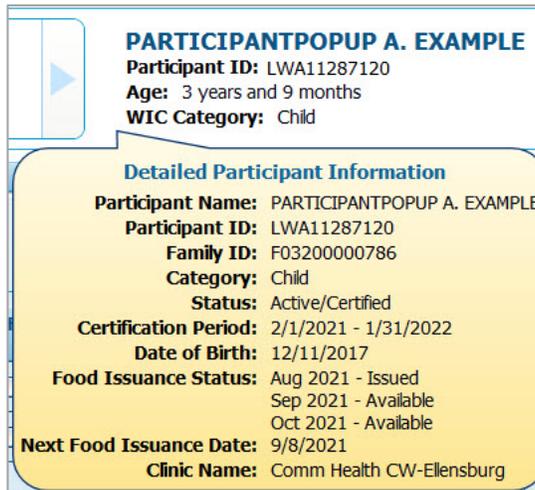
Scanned documents

In Cascades 3.6 staff couldn't view scanned documents, this issue is now fixed in 3.7.



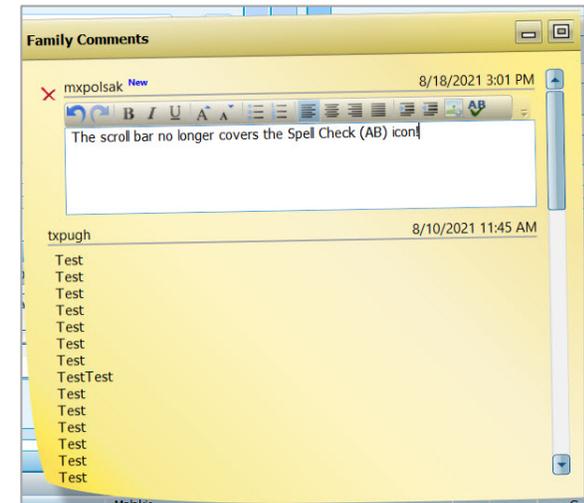
Participant Detail Popup

The Detailed Participant Information pop-up now shows completely and isn't cut off.



Spell Check Icon

3.7 fixes the issue where the Spell Check Icon on Sticky Notes was cut-off when there was a scroll bar.





Getting the new version

Log in to Cascades on or after Monday, October 18th to start using Cascades 3.7.

It may take a little longer to load Cascades the first time you log in.





Cascades Support

Call or email Cascades Support with any issues or questions about the software.

- Cascades.Support@doh.wa.gov
- 1-800-841-1410, choose option 3, then option 2

Cascades Team

Bob Pocklington, Supervisor
Luisa Schloss, Team Lead
Maria Osorio
Lili Scott
Scott Cho
Joseph Hammond



Policy Support

Call or email Policy Support with any issues or questions about policy or procedure.

- wicpolicysupport@doh.wa.gov
- 1-800-841-1410, choose option 3, then option 1

Policy Support Team

State WIC Clinic Operations staff, includes:

- Breastfeeding and Foods Team
- Local Program Consultants
- Training Team



THANK YOU

*What you do every day
makes a difference
to make so many futures
that much brighter*

Washington WIC



To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.

DOH 961-1249
September 2021