



Cascades 3.7 Training Materials *Food Benefits*

CASCADES 3.7 EN

Cascades 3.7

- We'll implement on Monday, October 18th
- We divided the training into 2 PowerPoints
 - · Each PowerPoint is self-guided
 - · The PowerPoints aren't narrated
 - We provided additional information in a Notes handout
 - You can also see the notes using the PowerPoint Notes view
- Please review the topics related to your role in the clinic





2

Cascades 3.7 Enhancement Release

We'll implement Cascades 3.7 in clinics across the state on Monday, October 18th. This is Washington WIC's 3rd enhancement of Cascades. The state System Enhancement Committee (SEC) reviews all enhancement requests and uses specific criteria to determine what goes into each release. The criteria includes: federal requirements, usability, benefit issuance, participation, as well as budget and resources.

We divided the training on the system changes into 2 PowerPoint presentations. Each presentation is self-guided without narration. We provided additional information in the notes hand-out or by viewing the PowerPoint Notes view. This presentation covers the food related changes which are listed on the next slide. The other presentation covers the non-food benefit related changes. Each presentation is self-guided without narration. This food benefit power point will take ~60 minutes to complete.

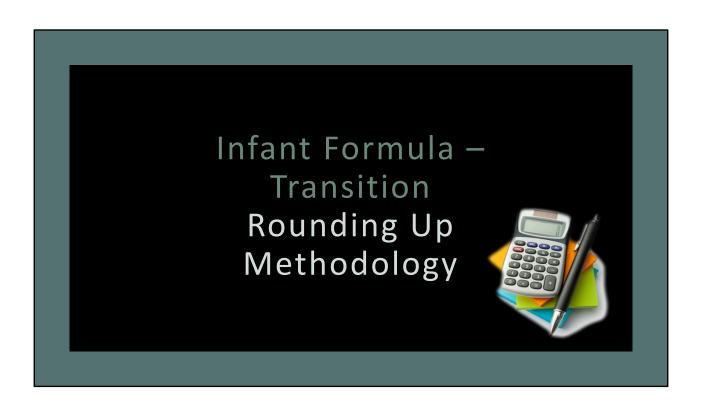
Please review the topics related to your role in the clinic.

Agenda

- Infant Formula Transition to Rounding Methodology
- Tailoring a Full Formula Prescription First Month of Life
- Participant BF Multiple Infants Food Prescription







TERMS

Full Nutrition Benefit (FNB)

- Minimum amount of formula that must be provided to WIC participants
- Serves as the common denominator that ensures all participants receive a similar amount of formula regardless of the physical form issued to them
- Excludes individual nutrition tailoring based on a participant's breastfeeding status

Maximum Monthly Allowance (MMA)

 The upper limit of issuance for each of the physical forms of infant formula that can be provided to WIC participants each month



MONTHLY ISSUANCE METHOD

How we currently calculate formula issuance

- Issuance of formula on a monthly basis
- Divide the FNB of the infant's food package and feeding options (i.e., partially breastfed or full formula) by the total reconstituted fluid ounce (RFO) yield of the container
- Calculated for each month birth to 11 months



6

Full nutrition benefit (FNB)
Maximum Monthly Allowance (MMA)

ROUNDING UP METHODOLOGY

- How we will calculate formula issuance starting October 2021
- Must be used when the RFO of an infant formula container is such that the FNB can't be provided without exceeding the MMA
- More closely provides the FNB of formula to participants because the FNB is determined over a timeframe (the number of months the participant receives the package)
- In any given month within the timeframe, the monthly issuance can exceed MMA or fall below FNB, however, the average over the timeframe cannot fall below the FNB
- Timeframes include: 0 months, 1-3 months, 4-5 months, 6-11 months
- · The greater amount of formula is always issued first
 - (e.g., if there are 9 cans available over a 2-month timeframe the first month would be 5 cans and the second month would be 4 cans)

7

Full nutrition benefit (FNB)
Maximum Monthly Allowance (MMA)
Reconstituted Fluid Ounces (RFO)

FROM MONTHLY TO ROUNDING METHOD

Why make the change?

• For some formulas we have been over issuing because CIMS couldn't issue formula using the rounding method.

Why now?

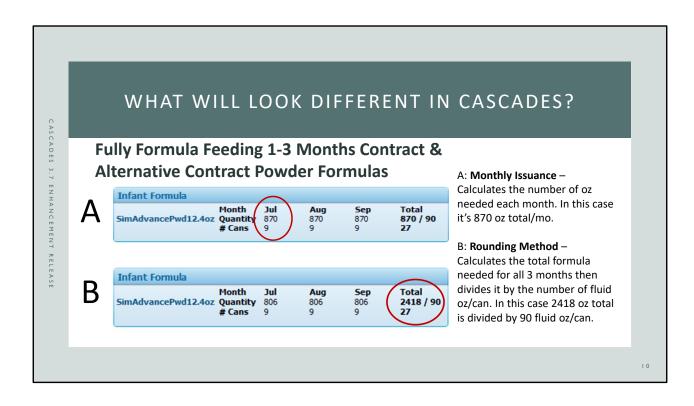
 We waited to make the change to allow WIC staff to become comfortable with Cascades. We didn't want to add to the already heavy lift of learning a new system.

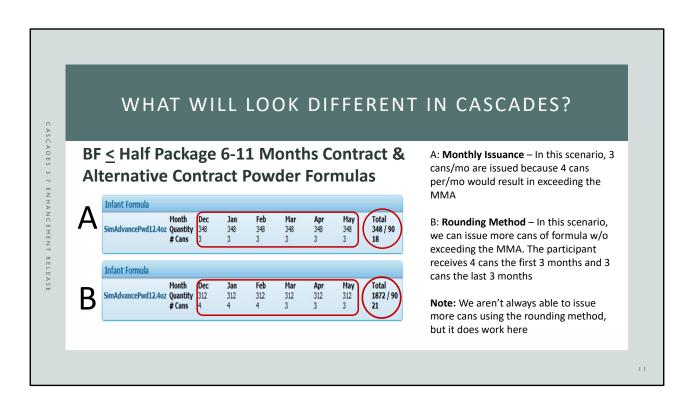
FROM MONTHLY TO ROUNDING METHOD

How does this impact Agency Staff?

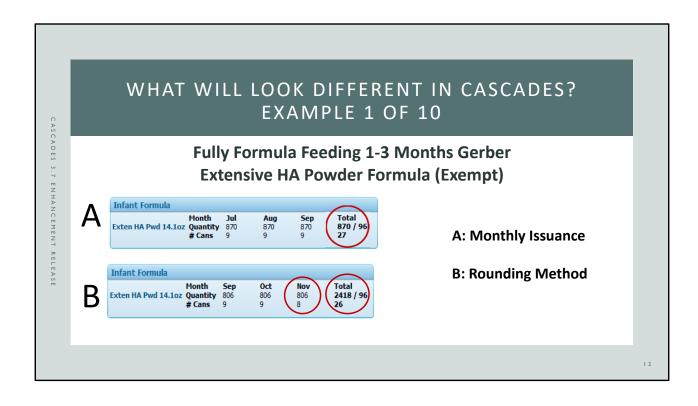
- Staff must create a new food prescription for all infants with an existing food prescription the first time benefits are issued following the rollout of Cascades 3.7
- Staff will notice formula amounts fluctuate within each infant age category (i.e., 0 months, 1-3 months, 4-5 months, 6-11 months)
- Staff will need to explain to participants why they are seeing fluctuations in the amount of formula they receive
- Staff don't have to change how they're issuing formula; the system will calculate everything automatically
- Trust the system

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Full nutrition benefit (FNB)
Maximum Monthly Allowance (MMA)



WHAT WILL LOOK DIFFERENT IN CASCADES? EXAMPLE 2 OF 10 Fully Formula Feeding 4-5 Months Contract & **Alternative Contract Powder Formulas**

Total 1768 / 90

Infant Formula Month im SensitivePwd12oz Quantity # Cans Total 960 / 90 20 Oct 960 10

Month

Infant Formula

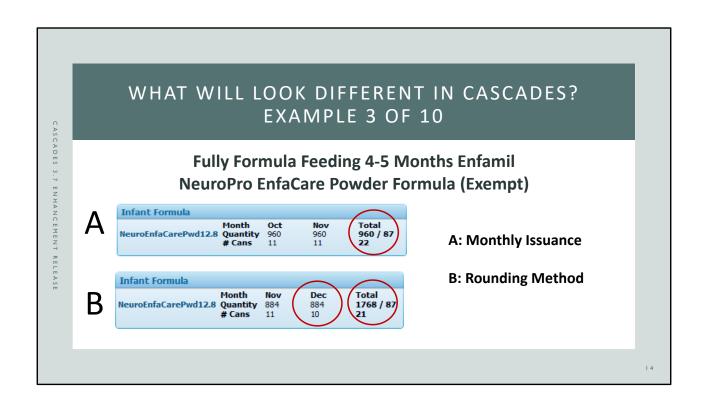
Sim SensitivePwd12oz Quantity # Cans

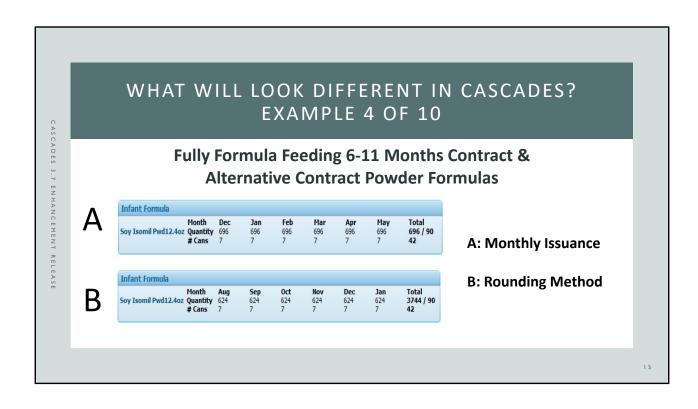
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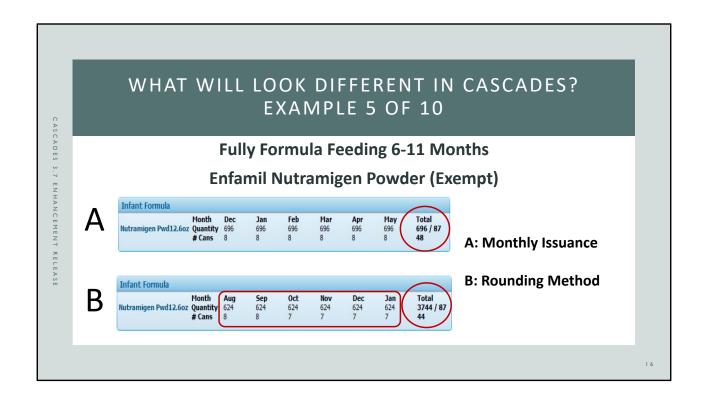
CASCADES 3.7 ENHANCEMENT RELEASE

A: Monthly Issuance **B: Rounding Method**

- With 4–5 mo. infants the change in methodology doesn't change the # of cans issued for contract and alternative contract formulas
- All powder contract formulas are 90 RFO so they are grouped together here



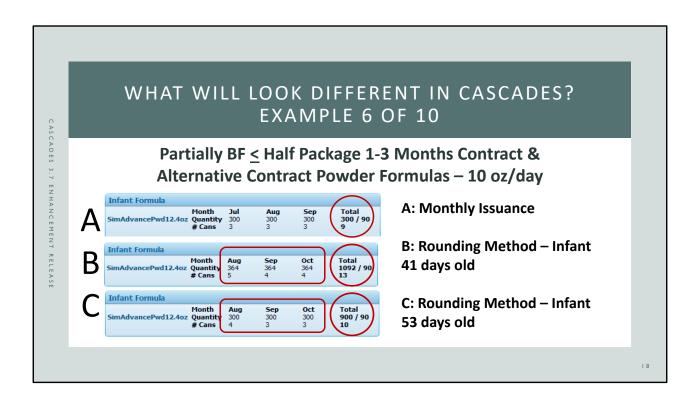


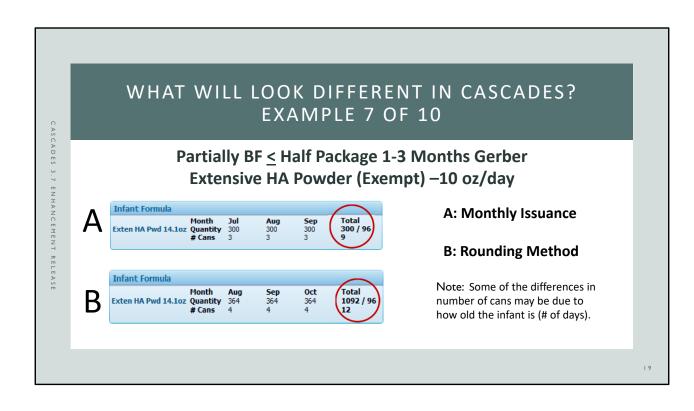


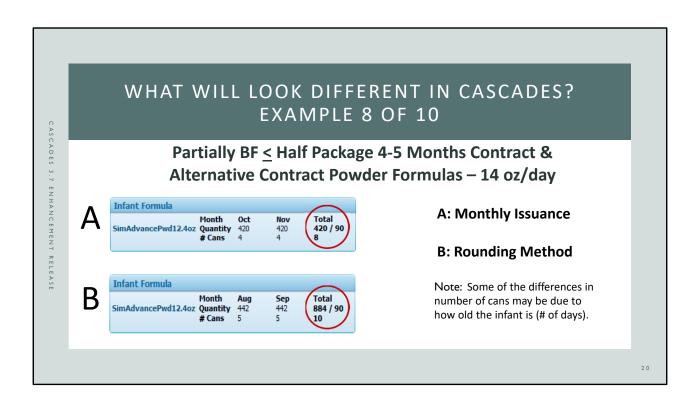
WHAT WILL LOOK DIFFERENT IN CASCADES? EXAMPLE 6 OF 10 - DISCUSSION

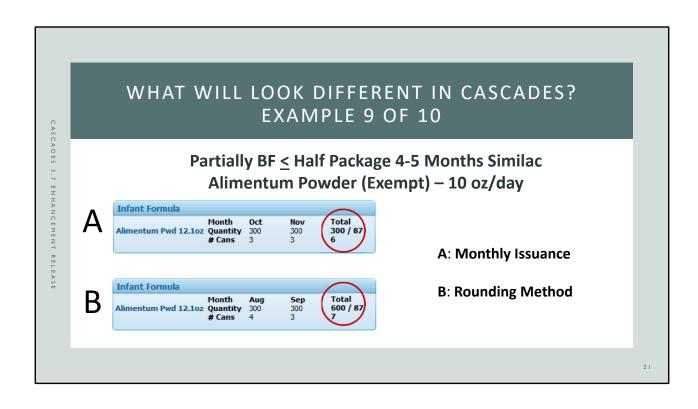
- Rounding methodology calculates benefit issuance based on age and averages the amount needed over a specific timeframe
- This results in participants who are the same number of months old but a different number of days old being issued slightly different benefit packages
- Example:
 - Two 1-month old infants drinking 10 oz of Similac Advance powder/day
 - Infant A is 41 days and Infant B is 53 days on the day they are issued the 1-3 month benefit package
 - Infant A receives 13 cans and Infant B receives 10 cans over the timeframe
 - Infant A receives more because they have more days remaining in the 1–3 month timeframe

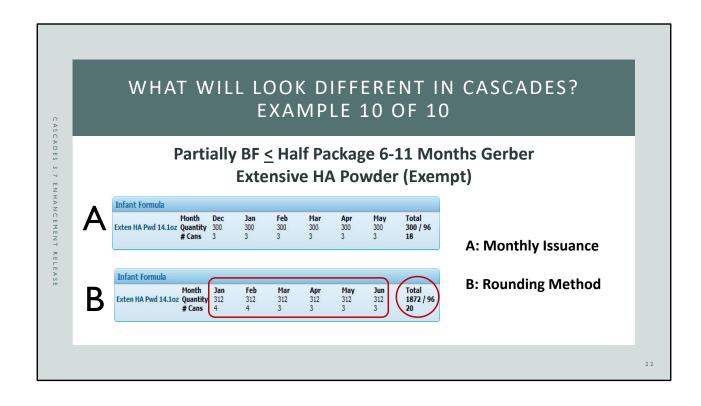
See the next slide for visual representation of this



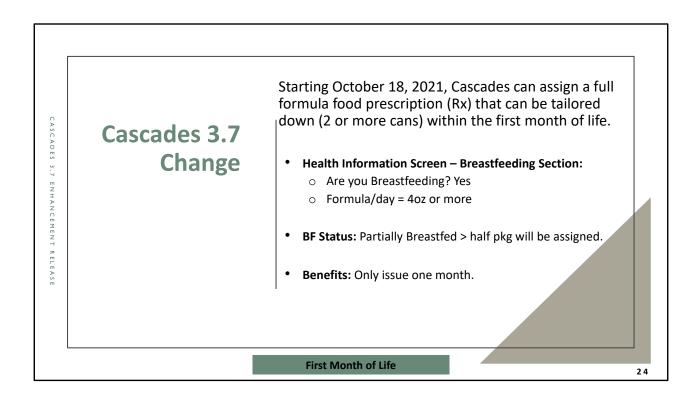












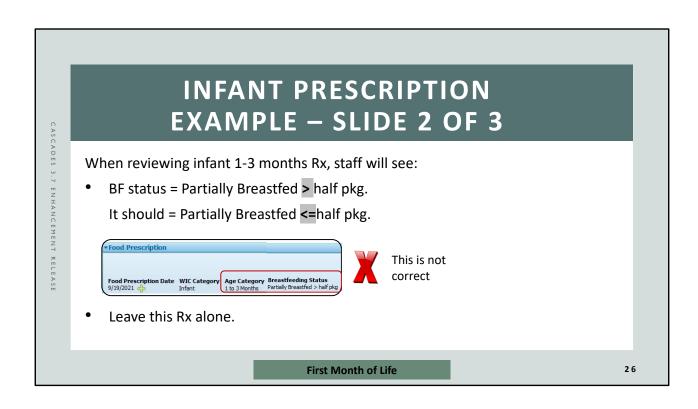
In the Health Information Screen, if staff enter in **less than** 4 oz of formula/day this option of a full formula prescription being tailored down will not be available.

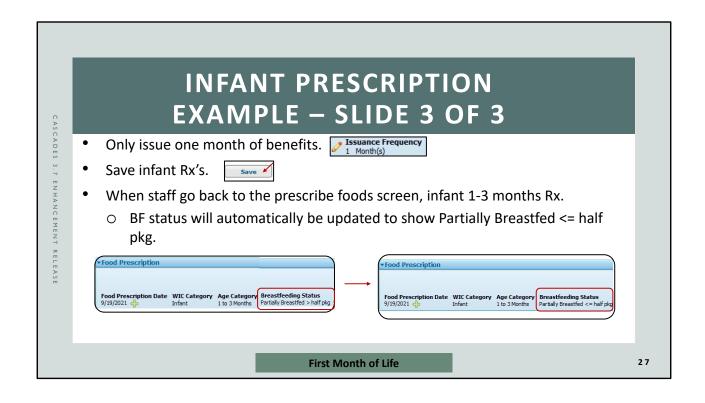
INFANT PRESCRIPTION EXAMPLE — SLIDE 1 OF 3 There is an added step in Cascades. In this example, an infant is drinking 4 oz of formula/day. Health Information screen = Yes to BF and 4oz of formula/day. O months Rx, BF status = Partially BF > half pkg. Food Prescription Food Prescription This is correct Food Prescription Food Prescription This is correct

First Month of Life

Rx provides 2 cans formula.

CASCADES 3.7 ENHANCEMENT RELEASE







WHEN TO CERTIFY ADULT PARTICIPANTS AFTER DELIVERY

As a reminder, see Ch. 18 Policy Revision: Certifying Participants after Delivery, for full details:

• Participants without BF experience

CASCADES 3.7 ENHANCEMENT RELEASE

- o Don't certify adult participant within the first 30 days.
- o Keep the participant in PG Category.
- o Complete a BF review.
- Participants with a positive BF history and BF is going well
 - o Certify dyad as Fully BF.



First Month of Life

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CASCADES 3.7 ENHANCEMENT RELEASE

WIC POLICY

WIC policy didn't change. USDA allowing a full formula Rx to be tailored down for a BF dyad, was a point of clarification. It is still policy that in the first 30 days, if:

• A participant is certified as BF and a Fully BF food Rx **OR** one can of formula is issued.

PROCEDURES POLICIES

AND

• Any benefits are used.

Staff can only provide the <u>one can of formula max in the first 30 days.</u> This is a federal policy. Cascades won't stop staff from issuing more formula.

First Month of Life

WIC POLICY

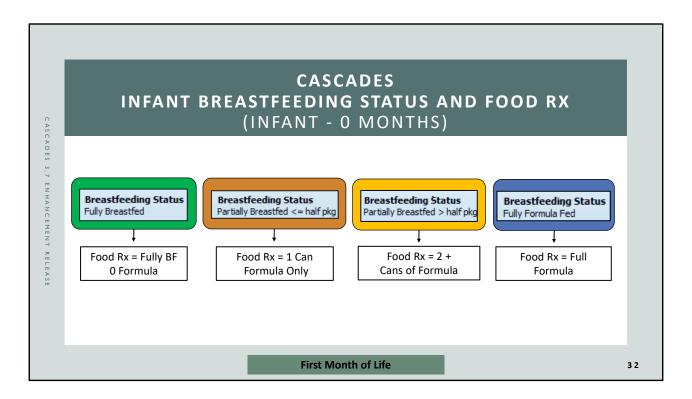
Please see attachment, Policy Revision – Infant Food Prescription, First Month of Life.

- It was revised to provide clarity.
- No USDA policy was changed.

CASCADES 3.7 ENHANCEMENT RELEASE



First Month of Life



The assigned BF status will determine which food prescription is issued to the infant in Cascades.

SOME THINGS TO THINK ABOUT

- How will our clinic & partners best support breastfeeding?
- How can we plan for and schedule BF support and certifications after delivery?
- When a new BF participant requests formula, how can we:
 - Complete a BF review.
 - Provide ongoing BF support.
 - Address concerns.
 - Not lock the dyad into a plan that may not work for them.



First Month of Life

33

Other Questions:

CASCADES 3.7 ENHANCEMENT RELEASE

- Anticipatory guidance for pregnancy, such as: "How can WIC provide pregnant participants information on what to expect and how to be successful with breastfeeding (anticipatory guidance)." see Chapter 15.
- Who will do a Breastfeeding review when a BF participant asks for formula, and how can we:
 - Address the unique concerns of each participant?
 - o Honor the participants goals and situation?
- Who is available to support breastfeeding questions and concerns on any given day?

QUESTION - 1



- **Q1.** If a participant received pregnancy food benefits in the same month of delivery, will they receive any BF foods that month?
- **A1.** In general, participant wouldn't receive any new food benefits until the next food issuance.

If by chance the family <u>didn't use any of their food</u> benefits, and today's date is **less than 7** days from the food issuance day, you could void and reissue the benefits if BF foods are indicated.

If today's date is **greater than** 7 days from the issuance day, the foods will get prorated and its best to wait and provide BF foods at the next issuance.

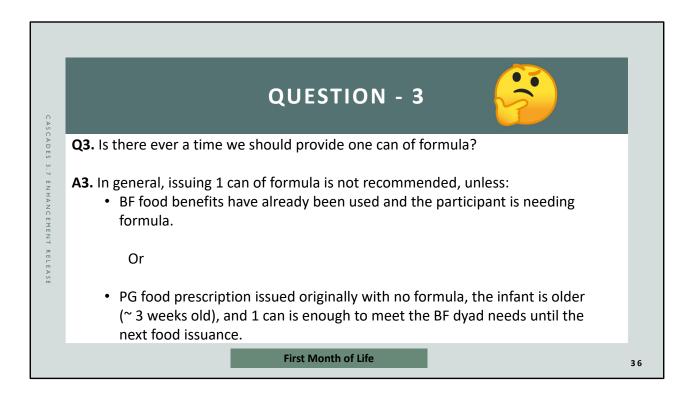
First Month of Life

QUESTION - 2



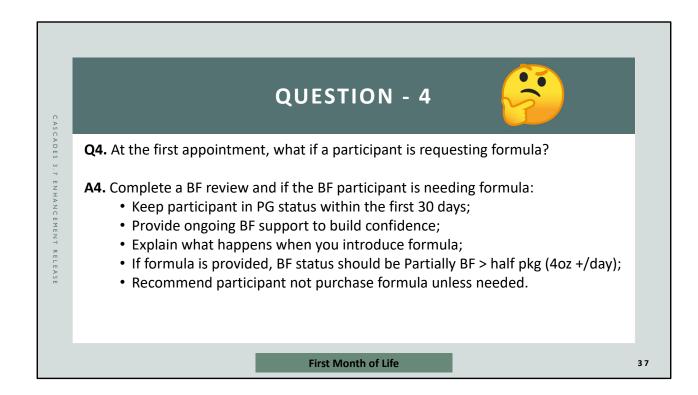
- **Q2.** In the first 30 days from delivery, if a participant was certified as Fully BF, and <u>no family benefits are used</u>, can we change the BF status and issue formula?
- **A2.** You could void and reissue benefits for a Partially BF > half pkg and tailor down a full formula pkg to support BF. **Please note** if the date is greater than 7 days from the food issuance day, the foods will be prorated. In Cascades we can't use the "replace benefits feature" to fix this type of food prescription change.

First Month of Life



One can of formula is not recommended.

What we provide families should be based on individual needs and should be assessed case by case.

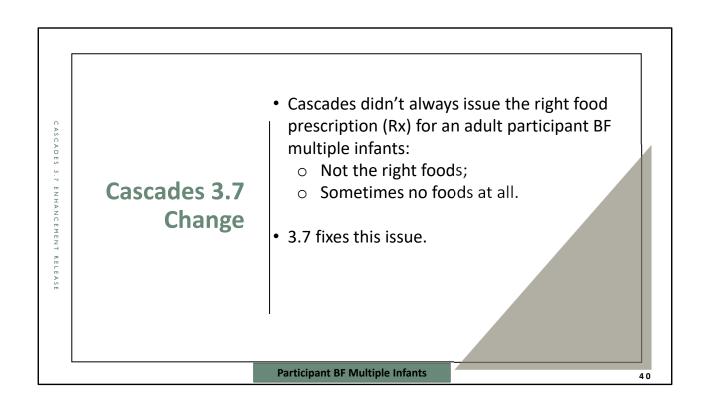


Ongoing BF support includes connecting participants to WIC staff, a BFPC, and/or a community partner that is able to provide ongoing BF support during and outside of WIC hours.

The information below has been updated and is posted on the Washington State WIC webpages: • 961-1169 Breastfeeding Infant and Participant - First Month of Life Tool • V1 CH 23 Policy Revision – Infant Food Prescription, First Month of Life First Month of Life

- 961-1169 Breastfeeding Infant and Participant First Month of Life Tool is located on the WIC Cascades Program Forms & Materials webpage. Look under "Staff Tools".
- V1 CH 23 Policy Revision Infant Food Prescription, First Month of Life is posted on the WIC Cascades Policy page under Chapter 23.





INITIAL VISIT STEPS

When first seeing a BF Dyad with multiple infants, follow standard procedures:

1. Complete a BF review.

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- 2. Determine who all is being certified (see CH18 revision).
 - Infants only **Or**
 - Infants and adult participant.

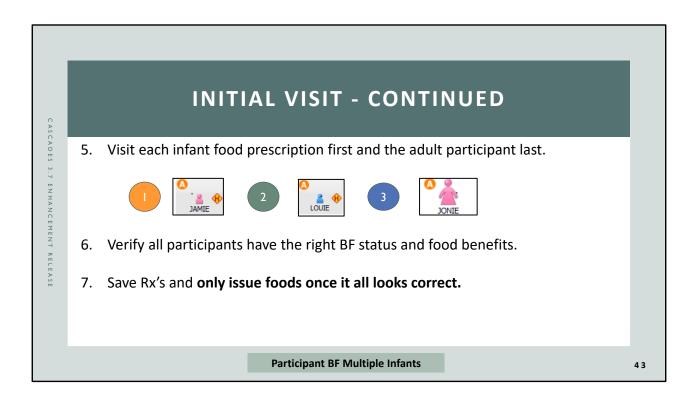


Participant BF Multiple Infants

CASCADES 3.7 ENHANCEMENT RELEASE	INITIAL VISIT – CONTINUED								
	3. Complete the health information screen – BF, formula, # ounces of formula, etc.								
		Do you give your halfs and you give your infant in a 24-hour period?							
	4. Verify all infants are reflected in the adult participant's health information s								
		Breastfeeding Information INFANTONE BF * INFANTTWO BF * Data Collection Date * Are you breastfeeding? * 6/24/2020 * No Breastfeeding Frequency Age Infant Stopped Breastfeeding							
		Participant BF Multiple Infants 4 2							

As part of the BF review and adjusting any dyad food prescription, the health information screen in the adult participant chart must be completed.

Please complete all questions within the Breastfeeding Information section of the screen for all infants. Don't leave "ever breastfed?" as unknown.



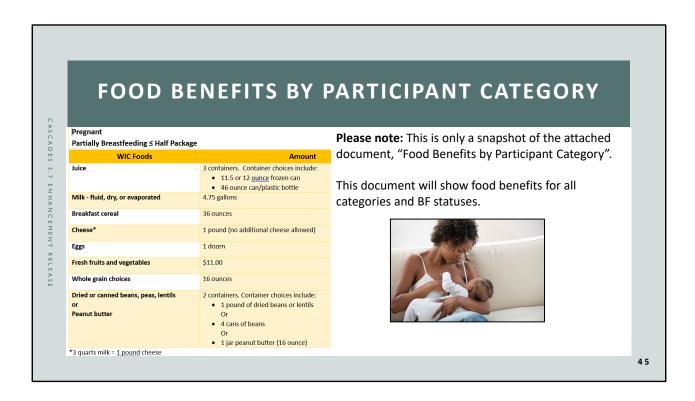
In steps 6 it states to verify the BF status and food benefits. Please note, we have attached two reference documents on the next two slides. These documents can help staff verify the BF status of the adult participant and any food benefits based on participant category and BF status.

If the BF status is correct, staff can trust Cascades will issue the right food prescription.

BF PARTICIPANT WITH MULTIPLES FOOD PRESCRIPTIONS TABLE									
Scenario	Infant 1	Infant 2	Adult Participant BF Status	Adult Participant Food Prescription Infant ≤S months of age	Adult Participant Food Prescription Infant ≥6 months of age				
1	Fully BF	Fully BF	Fully Breastfed	Fully BF with Multiples	Fully BF with Multiples				
	- "								
2	Fully BF	Fully Formula	BF ≤ 1/2 pkg Fully Breastfed Fully BF Fully						
3	Fully BF			Fully BF					
4	Fully BF	Part BF > 1/2 pkg	, i	,	,				
5	Part BF ≤ 1/2 pkg	Part BF ≤ 1/2 pkg							
6	Part BF ≤1/2 pkg	Fully Formula	Partially Breastfed <= half pkg	Partially BF <= half pkg	Partially BF <= half pkg				
7	Part BF ≤1/2 pkg	Part BF > 1/2 pkg							
8	Part BF > 1/2 pkg	Fully Formula	Partially Breastfed > half pkg	Postpartum and Non-Breastfeeding	No foods				

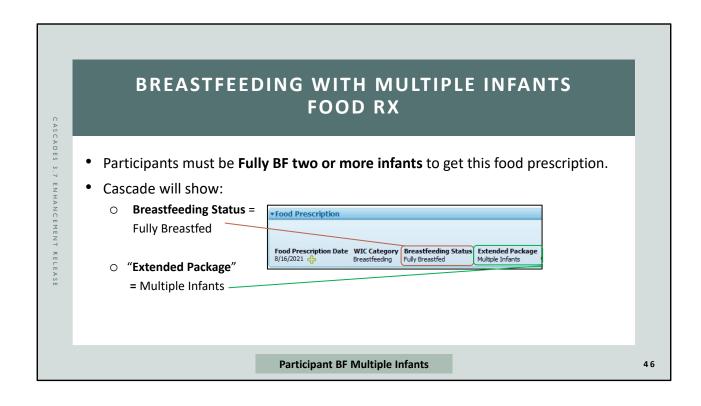
Depending on the BF status of each infant, this tool can help quickly show staff which BF status and food prescription should be assigned in Cascades for any adult participant.

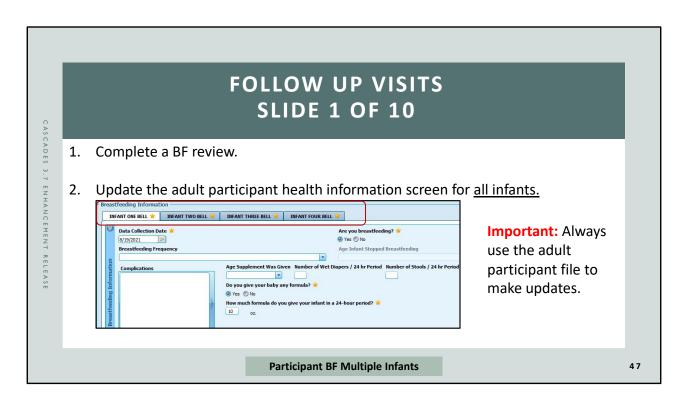
This tool is posted on WIC Cascades Policy webpage under Chapter 23, 961-1246 V1 CH 23 Foods: Breastfeeding(BF) Participant with Multiples Food Prescriptions Table



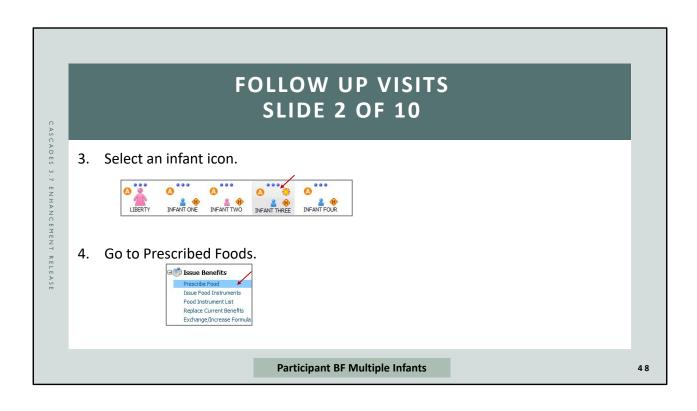
This document can help staff verify which foods and amounts are provided for each food prescription. The document is posted on the WIC Cascades Program Forms & Materials webpage under "Staff Tools".

Staff can trust Cascades will issue the right foods, as long as the BF status is correct.





When a BF dyad comes back to WIC and reports any changes in the amount of BF or formula consumption, follow these steps noted under Follow Up Visits.



FOLLOW UP VISITS SLIDE 3 OF 10 CASCADES 3.7 ENHANCEMENT RELEASE 5. If an infant has a change in BF or the amount of formula consumed:

- - **Update current prescription** for that day.
 - o Select plus sign and save current date.





8/19/2021

- Update future prescriptions.
 - Select plus sign and enter in exact dates listed in carousel (e.g.,10/18/2021).

8/18/2021 8/19/2021 1 to 3 Months 1 to 3 Months 10/18/2021 4 to 5 Months 12/18/2021 6 to 11 Months

Participant BF Multiple Infants

FOLLOW UP VISITS SLIDE 4 OF 10

6. If an infant doesn't have a change in BF or the amount of formula consumed:

- Still **update the current food** prescription for that day.
 - Select plus sign and save current date.

- Don't update future prescriptions.
 - The future Rx dates all align so no new infant Rx is needed if the infant didn't change the amount of BF and formula feeding.

Participant BF Multiple Infants

50

<u>Current Prescriptions (Rx)</u>: In order for the <u>current</u> adult participant BF status and food Rx to align correctly with all infant Rx's, you must update <u>current</u> Rx's for <u>all infants</u>. Even if the infant has no change in the amount of BF or formula. This only applies to current benefit changes **not future** Rx's.

For example, you have an adult participant with three infants. Infant 1 needs more formula and infant 2 and 3 have no change in formula. If the family already received food benefits on 9/1/21, staff would need to update the **current** infant food Rx for today's date of 9/13/21 for all infants and the adult participant:

Infant 1 - Rx 9/13/21Infant 2 - Rx 9/13/21

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Infant 3 – Rx 9/**13**/21

Adult P – Rx 9/13/21

If you don't update current Rx's for all infants, you will end up with the following current benefits Rx's:

Infant 1 – Rx 9/13/21

Infant 2 - Rx 9/1/21

Infant 3 - Rx 9/1/21

Adult P - Rx 9/13/21

When you go to create the adult Participant Rx for 9/13/21 the system will only see the infant Rx for 9/13/21. In this case it won't assign the right BF status for the adult participant. The adult participant Rx must see the <u>same date for all infant Rx's</u> for the system to align them all correctly.

<u>Future Prescriptions</u>: Staff will **only update** future infant Rx's **for infant's who have a change in BF and formula consumption**. The future Rx dates don't change, so no extra Rx's

are needed if the infant has no change in BF or infant formula consumption.

FOLLOW UP VISITS SLIDE 5 OF 10

7. Go to the adult participant icon after updating all infant Rx's.



- Cascade will automatically update adult participant Rx.
- Verify the adult prescription is correct (see table in slide 44 & 45).
 - If correct, select save.

CASCADES 3.7 ENHANCEMENT RELEASE

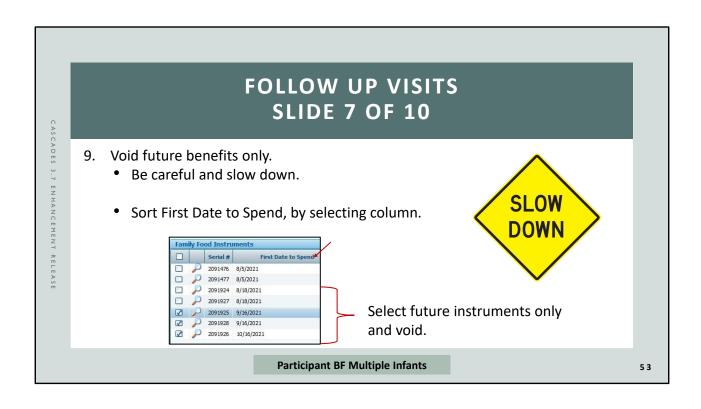
If not correct, call Cascade Support.

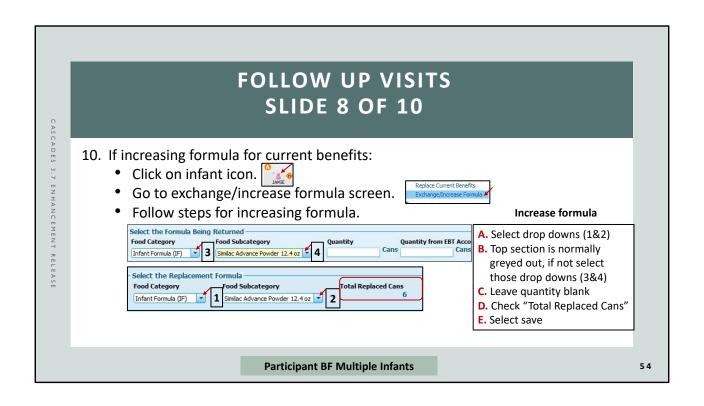


Participant BF Multiple Infants



Don't create extra food Rx's. Call Cascade Support for help if things are not working out as expected.





FOLLOW UP VISITS SLIDE 9 OF 10

11. Repeat step 10 (Slide 54) for each infant receiving additional formula in current benefits.

12. Save and check shopping list – Verify formula was added.

CASCADES 3.7 ENHANCEMENT RELEASE

		11 0	<u> </u>	,	
8/18/2021 thru 9/15/2021	2091924	\$35.00	\$\$\$\$	Fruit and Vegetables - Cash Value Voucher	
	2091924	16	Ounce	Whole Wheat Bread or Whole Grains	
	2091924	2	Dozen	Eggs - all WIC	
	2091924	2	CTNR	Peanut Butter/Beans All WIC	
	2091924	30	Ounce	Fish - All WIC	
	2091924	6	Gallon	Milk or Soy(1% & Nonfat) All WIC-Cow, Goat, Soy	
	2091924	1	Pound	Cheese - all WIC	
	2091924	36	Ounce	Cereal All WIC -hot /cold	
	2091924	3	CTNR	Juice - All WIC - 12 oz frozen or 46/48 oz liquid	
	2091924	17	Can	Similac Advance Powder 12.4 oz	
8/19/2021 thru 9/15/2021	2091924	4	Can	Similac Advance Powder 12.4 oz	

Participant BF Multiple Infants

FOLLOW UP VISITS SLIDE 10 OF 10

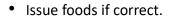
13. Reissue future benefits:

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• Go to Issue Food Instruments screen.



• Review for accuracy.





Participant BF Multiple Infants

QUESTION - 1



Q1. Does a participant who's Fully BF an <u>older</u> infant and a <u>younger</u> infant get the BF multiples food package?

CASCADES 3.7 ENHANCEMENT RELEASE

A1. No, they wouldn't get the BF with multiples food package. USDA only allows the Fully BF with multiples food package to be issued when 2 or more infants from the <u>same delivery</u> are fully BF.

Participant BF Multiple Infants

QUESTION - 2



- **Q2.** If a participant is <u>mostly</u> BF three or more infants (so Partially BF ≤ half pkg), can they get the BF multiples food package?
- **A2.** No, only participants fully BF two infants or more from the same pregnancy can get the Fully BF with multiples food package.

CASCADES 3.7 ENHANCEMENT RELEASE



Participant BF Multiple Infants

Getting the new version

Log in to Cascades on or after Monday, October 18^{th} to start using Cascades 3.7.

Cascades Support – for software issues

- Cascades.Support@doh.wa.gov
- 1-800-841-1410, choose option 3, then **option 2**

Policy Support – for policy questions

- wicpolicysupport@doh.wa.gov
- 1-800-841-1410, choose option 3, then **option 1**



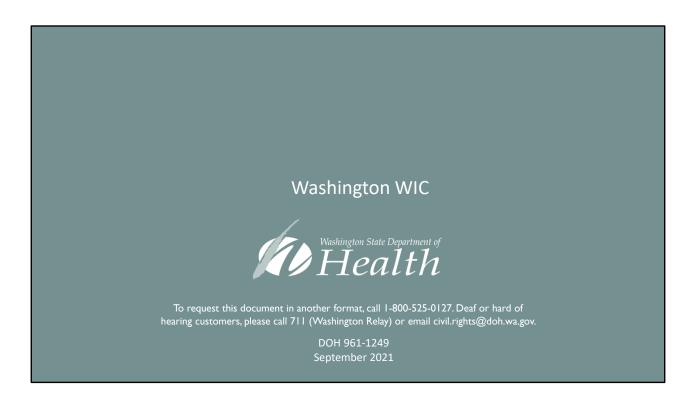






THANK YOU!

WIC Foods Team Wawicfoods@doh.wa.gov



Washington State Department of Health – Washington WIC Program.

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.

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