



## Cascades Steps: New Medical Documentation for Infant Fruit and Vegetable Baby Foods in Place of the CVB



Follow this guidance for participants with **a new medical documentation form** to receive Infant Fruit and Vegetable Baby Foods instead of the Fruits and Vegetables Cash Value Benefit (CVB).

- Staff should always zero out the CVB benefits from the food prescription - the system doesn't stop issuance of both.
  - Staff should always review the prescription to make sure it's correct before issuing food benefits.
1. Staff review the MDF for completeness, ensuring the following sections are complete:
    - Box 1 - Medical Diagnosis
    - Box 3 - Length of Time
    - Box 4 - WIC Supplemental Foods: Give infants fruits/vegetables in lieu of fruit/vegetable benefits
    - Box 5 - Healthcare Provider Information
  2. Void future benefits, if already issued, for the new food prescription to include the Infant Fruits and Vegetables baby foods.
  3. Go to the Issue Benefits > Prescribe Food screen. Click the + to create a new food prescription.

Food Prescription																																																										
Food Prescription Date	WIC Category	Age Category	Family Issuance Day	Issuance Frequency																																																						
4/22/2021	Child	2 yr to 5 yr	5	3 Month(s)																																																						
<table border="1"> <thead> <tr> <th>Food Prescription Items</th> <th>Category</th> <th>Subcategory</th> <th>Quantity</th> <th>Category Max Quantity</th> <th>UOH</th> </tr> </thead> <tbody> <tr> <td>Bread/Whole Grains</td> <td></td> <td>Whole Wheat Bread or Whole Grains</td> <td>32</td> <td>32</td> <td>Ounce</td> </tr> <tr> <td>Eggs</td> <td></td> <td>Eggs - all WIC</td> <td>1</td> <td>1</td> <td>Dozen</td> </tr> <tr> <td>Legumes</td> <td></td> <td>Peanut Butter/Beans All WIC</td> <td>1</td> <td>1</td> <td>CTNR</td> </tr> <tr> <td>Milk - Fat Reduced</td> <td></td> <td>Milk or Soy (1% &amp; Nonfat) All WIC-Cow,Goat,Soy</td> <td>3</td> <td>4</td> <td>Gallon</td> </tr> <tr> <td>Cheese or Tofu</td> <td></td> <td>Cheese - all WIC</td> <td>1</td> <td>1</td> <td>Pound</td> </tr> <tr> <td>Breakfast Cereal</td> <td></td> <td>Cereal All WIC -hot /cold</td> <td>36</td> <td>36</td> <td>Ounce</td> </tr> <tr> <td>Juice - 64 oz</td> <td></td> <td>Juice - All WIC - 64 oz carton</td> <td>2</td> <td>2</td> <td>CTNR</td> </tr> <tr> <td>Fruit &amp; Vegetables Cash Value</td> <td></td> <td>Fruit and Vegetables - Cash Value Voucher</td> <td>\$9.00</td> <td>\$9.00</td> <td>\$\$\$\$</td> </tr> </tbody> </table>					Food Prescription Items	Category	Subcategory	Quantity	Category Max Quantity	UOH	Bread/Whole Grains		Whole Wheat Bread or Whole Grains	32	32	Ounce	Eggs		Eggs - all WIC	1	1	Dozen	Legumes		Peanut Butter/Beans All WIC	1	1	CTNR	Milk - Fat Reduced		Milk or Soy (1% & Nonfat) All WIC-Cow,Goat,Soy	3	4	Gallon	Cheese or Tofu		Cheese - all WIC	1	1	Pound	Breakfast Cereal		Cereal All WIC -hot /cold	36	36	Ounce	Juice - 64 oz		Juice - All WIC - 64 oz carton	2	2	CTNR	Fruit & Vegetables Cash Value		Fruit and Vegetables - Cash Value Voucher	\$9.00	\$9.00	\$\$\$\$
Food Prescription Items	Category	Subcategory	Quantity	Category Max Quantity	UOH																																																					
Bread/Whole Grains		Whole Wheat Bread or Whole Grains	32	32	Ounce																																																					
Eggs		Eggs - all WIC	1	1	Dozen																																																					
Legumes		Peanut Butter/Beans All WIC	1	1	CTNR																																																					
Milk - Fat Reduced		Milk or Soy (1% & Nonfat) All WIC-Cow,Goat,Soy	3	4	Gallon																																																					
Cheese or Tofu		Cheese - all WIC	1	1	Pound																																																					
Breakfast Cereal		Cereal All WIC -hot /cold	36	36	Ounce																																																					
Juice - 64 oz		Juice - All WIC - 64 oz carton	2	2	CTNR																																																					
Fruit & Vegetables Cash Value		Fruit and Vegetables - Cash Value Voucher	\$9.00	\$9.00	\$\$\$\$																																																					



## Cascades Steps: New Medical Documentation for Infant Fruit and Vegetable Baby Foods in Place of the CVB



4. Click **Save**.

Select the New Food Prescription Date

Food Prescription Date  
5/3/2021

Save Cancel

5. Add Infant Fruits and Vegetables to the food prescription:

- Select Infant Fruits & Vegetables from the Category drop down menu
- Select Baby Food Fruit & Vegetables – All WIC from the Subcategory drop down menu
- Enter 144 in the Quantity field
- Click Add Item

Food Prescription

Food Prescription Date: 5/3/2021 | WIC Category: Child | Age Category: 2 yr to 5 yr | Family Issuance Day: 5 | Issuance Frequency: 3 Month(s)

Category	Subcategory	Quantity	Category Max Quantity	UOM
Bread/Whole Grains	Whole Wheat Bread or Whole Grains	32	32	Ounce
Eggs	Eggs - all WIC	1	1	Dozen
Legumes	Peanut Butter/Beans All WIC	1	1	CTNR
Milk - Fat Reduced	Milk or Soy(1% & Nonfat) All WIC-Cow,Goat,Soy	3.25	4	Gallon
Cheese or Tofu	Cheese - all WIC	1	1	Pound
Breakfast Cereal	Cereal All WIC -hot /cold	36	36	Ounce
Juice - 64 oz	Juice - All WIC - 64 oz carton	2	2	CTNR
Fruit & Vegetables Cash Value	Fruit and Vegetables - Cash Value Voucher	\$9.00	\$9.00	\$\$\$\$

Add Item to Food Prescription

Category: Infant Fruits & Vegetables | Subcategory: Baby Food Fruit & Vegetables - All WIC | Quantity: 144 | Max / Med Max: 0 / 144 | UOM: Ounce | Add Item | Clear



## Cascades Steps: New Medical Documentation for Infant Fruit and Vegetable Baby Foods in Place of the CVB



6. The Medical Documentation screen opens:

- Complete the required fields.
- Add Infant Fruit and Vegetable Baby Foods in the Non-Medical Food Prescribed field.
- Click **Scan Document** and complete the required fields; click **Save**.
- Click **Save**.

**Attach Medical Documentation**

**Prescription Dates**  
Effective Date ★ 5/3/2021  
Expiration Date ★ 11/3/2021  
Prescription Date 5/3/2021

**Diagnosis Information**  
Medical Reason ★ Metabolic disorders/Inborn errors of metabolism  
ICD Code ★ NA  
Diagnosis Code ★  
Verbal Order ★

**Physician Information**  
Physician's Name ★ Dr. Friend  
Physician's Phone ★ (456) 852-3698  
Physician's Email Dr.Friend@email.com

**Medical Food Prescribed**

**Non-Medical Food Prescribed**  
Infant Fruit and Vegetable Baby Foods

**Medical Food Prescription** Total Items: 9

Category	Subcategory
<input type="checkbox"/> Milk - Fat Reduced	Milk or Soy(1% & Nonfat) All WIC-Cow,Goat,Soy
<input type="checkbox"/> Cheese or Tofu	Cheese - all WIC
<input type="checkbox"/> Breakfast Cereal	Cereal All WIC -hot /cold
<input type="checkbox"/> Juice - 64 oz	Juice - All WIC - 64 oz carton
<input type="checkbox"/> Fruit & Vegetables Cash Value	Fruit and Vegetables - Cash Value Voucher
<input checked="" type="checkbox"/> Infant Fruits & Vegetables	Baby Food Fruit & Vegetables - All WIC

**Add Additional Medical Foods**  
Category Subcategory Add Item Clear

**Scan Document** View Documents **Save** Cancel



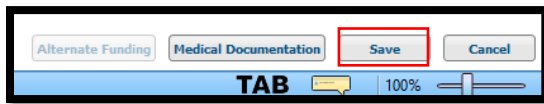
## Cascades Steps: New Medical Documentation for Infant Fruit and Vegetable Baby Foods in Place of the CVB



7. **Zero out** the Fruit and Vegetables CVB benefits - the system doesn't stop issuance of both.

Category	Subcategory	Quantity	Category Max Quantity	UOM
Bread/Whole Grains	Whole Wheat Bread or Whole Grains	32	32	Ounce
Eggs	Eggs - all WIC	1	1	Dozen
Legumes	Peanut Butter/Beans All WIC	1	1	CTNR
Milk - Fat Reduced	Milk or Soy(1% & Nonfat) All WIC-Cow,Goat,Soy	3.25	4	Gallon
Cheese or Tofu	Cheese - all WIC	1	1	Pound
Breakfast Cereal	Cereal All WIC -hot /cold	36	36	Ounce
Juice - 64 oz	Juice - All WIC - 64 oz carton	2	2	CTNR
<b>Fruit &amp; Vegetables Cash Value</b>	<b>Fruit and Vegetables - Cash Value Voucher</b>	<b>\$0.00</b>	<b>\$9.00</b>	<b>\$\$\$\$</b>
Infant Fruits & Vegetables	Baby Food Fruit & Vegetables - All WIC	144	144	Ounce

8. Click **Save**.



9. Review Issue Food Instruments screen to make sure prescribed foods are correct, then click **Issue**.

10. The additional CVB amount will be automatically added to the participant's benefits.

This institution is an equal opportunity provider.

**Washington WIC doesn't discriminate.**

To request this document in another format, call 1-800-841-1410.  
Deaf or hard of hearing customers, please call 711 (Washington Relay)  
or email [WIC@doh.wa.gov](mailto:WIC@doh.wa.gov).





## Cascades Steps: New Medical Documentation for Infant Fruit and Vegetable Baby Foods in Place of the CVB



---

DOH 961-1251 October 2021

