



Measurement and Bloodwork Information Form

During the COVID-19 outbreak, WIC is doing appointments by phone and video chat. WIC staff can't weigh and measure participants or assess their blood iron levels.

We're asking health care providers to fill in the following information so participants and caregivers can share it with WIC.

Adult participant (Pregnant, Breastfeeding, Non-breastfeeding Postpartum)		
Name:		Due date (PG only):
Height:	Weight:	Date taken:
<input type="checkbox"/> Hematocrit or <input type="checkbox"/> Hemoglobin value:		Date taken:

Infant or child participant		
Name:		Date of birth:
<input type="checkbox"/> Height or <input type="checkbox"/> Length:	Weight:	Date taken:
<input type="checkbox"/> Hematocrit or <input type="checkbox"/> Hemoglobin value:		Date taken:

Infant or child participant		
Name:		Date of birth:
<input type="checkbox"/> Height or <input type="checkbox"/> Length:	Weight:	Date taken:
<input type="checkbox"/> Hematocrit or <input type="checkbox"/> Hemoglobin value:		Date taken:

Infant or child participant		
Name:		Date of birth:
<input type="checkbox"/> Height or <input type="checkbox"/> Length:	Weight:	Date taken:
<input type="checkbox"/> Hematocrit or <input type="checkbox"/> Hemoglobin value:		Date taken:

Source of information

Name: _____

Title: _____

Phone #: _____

Thank you!

Washington WIC doesn't discriminate.

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Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

Email: program.intake@usda.gov

Fax: (202) 690-7442

This institution is an equal opportunity provider.
Washington WIC doesn't discriminate.

To request this document in another format, call 1-800-841-1410.

Deaf or hard of hearing customers, please call 711 (Washington Relay) or email WIC@doh.wa.gov.



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