

Education | Family Support | Healthcare | Insurance | Nutrition | Other

Q. I was told my child needs early intervention services, how do I learn more about this?

- A.** The **Early Support for Infants and Toddler (ESIT)** program provides services to children birth to age 3 years who have disabilities and/or developmental delays. Learn more at <http://del.wa.gov/development/ESIT/default.aspx>.

Q. What if my child is older than 3?

- A.** When a parent, caregiver, doctor, or anyone else has a concern about a child's development, a referral can be made for a developmental evaluation. All evaluations and services are provided by the local school district at no cost to parents. To find your child's school district, call the **Family Health Hotline** at 1-800-322-2588 or visit www.k12.wa.us/maps/SdMainMap.aspx.

Q. Where can I find out what services are available from schools for my child?

- A.** Special education is provided at no cost to parents and includes related services needed to enable a student to access their educational services. Learn more at the **Office of Superintendent of Public Instruction** web site: www.k12.wa.us/SpecialEd/Families/HowSpecialEdWorks.aspx.

Q. I'm having difficulty with my child's school. How do I get help?

- A.** The following organizations and agencies can help with self-advocacy, conflict resolution, and learning more about the special education system:

Autism Outreach Project provides information, referrals, and training on autism spectrum disorders to Washington families, schools, and agencies. Learn more at www.nwesd.org/1510106111443553/site/default.asp.

Office of the Education Ombudsman offers free publications, consulting and conflict resolution, and workshops. Learn more at www.WAParentsLearn.org.

Office of the Superintendent of Public Instruction provides information about dispute resolution on their web site at www.k12.wa.us/SpecialEd/DisputeResolution/default.aspx.

PAVE (Partnerships for Action Voices for Empowerment) strives to increase opportunities and options for people with disabilities, their families and friends. Resources include a free lending library of books, video tapes and low cost materials in a variety of formats and languages. Learn more at www.WashingtonPave.org.

Q. My child is ready to graduate high school, how do I get help with the transition?

- A.** The **Adolescent Health Transition Project** web site can help smooth the transition from pediatric to adult health care for adolescents with special health care needs by providing resources, information, and materials on health transition issues at <http://depts.washington.edu/healthtr/>.

For people with disabilities, this document is available on request in other formats.
To submit a request, please call 1-800-525-0127 (TDD/TTY 1-800-833-6388).

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