



## 23-HOUR CRISIS RELIEF CENTER RULEMAKING WORKSHOP #6





NISQUALLY INDIAN TRIBE





A scenic landscape photograph showing a wide river valley. In the foreground, there is a dense forest of tall evergreen trees. A winding road curves through the valley, leading towards a large body of water in the distance. The background features rolling hills and mountains under a blue sky with scattered clouds.

**The Washington State Department of Health headquarters are built on the traditional lands of the Coast Salish peoples, including the Nisqually and Chehalis Tribes.**

**We acknowledge the systemic policies of genocide, relocation, and assimilation that have and continue to impact many Indigenous/Native American families. This land was occupied and its traditional people were displaced by settlers and the United States military.**

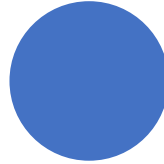
**This acknowledgement does not take the place of authentic relationships with Indigenous communities but serves as a first step in honoring the land we are on.**

## Introductions of DOH Staff

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**Dan Overton**  
Residential  
and Inpatient  
Behavioral  
Health  
Program  
Manager



**Julie Tomaro**  
Facilities  
Program  
Deputy  
Director



**Kseniya Efremova**  
Policy  
Analyst

# Zoom 101



- Host, panelists and attendees
- If you need/want captions
- If you require translations or other formats
- If you want to ask a question/add a comment
  - Chat will be followed as closely as possible. Comments will be logged in notes and not necessarily responded to “live”.
  - Raise your hand if you wish to speak.
  - The Q and A will serve as a “Parking lot”. Please post questions here and at the end of the workshop we will get to as many as we can “live” and respond to the remaining in the session notes that will go out later this week.
  - More information/tutorials can be found at [Zoom Learning Center](#)

# Today's Agenda

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- Introduction
- Special Guests
- An overview of the RCW requirements.
- A look at the current models
- Discuss draft language related to:
  - Physical environment
- “Circle Back” to some topics/questions from last week
- Wrap-up
  - Next steps
    - Future workshops to include discussion related to:
      - Full draft language review
  - Q and A

Let's Take  
a Look



## An overview of the RCW requirements

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- (4) The rules must include standards for the number of recliner chairs that may be licensed or certified in a 23-hour crisis relief center and the appropriate variance for temporarily exceeding that number in order to provide the no-refusal policy for law enforcement.
- (5) The department shall specify physical environment standards for the construction review process that are responsive to the unique characteristics of the types of interventions used to provide care for all levels of acuity in facilities operating under the 23-hour crisis relief center model.



# Special Guests from DOH-CRS



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## In this section

### Construction Review Services (CRS)

[Apply to CRS](#)

[Plan Review Process](#)

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[News and Events](#)

[Rules Development](#)

## Construction Review Services

Expected Review Time . . . . . 50 Days

[Contact Us](#) | [Project status lookup](#) | [Notice of Completion](#) | [Customer Service Survey](#)

## Program Overview

Construction Review Services (CRS) works to protect the health of people in Washington State by ensuring that licensed facilities have safe and healthy physical environments. [Read more about us...](#)

## News and Events

## A look at the current models

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- National Guidelines for Behavioral Health Crisis Care-SAMHSA
- To fully align with best practice guidelines, centers must meet the minimum expectations and:
  - Function as a 24 hour or less crisis receiving and stabilization facility;
  - Offer a dedicated first responder drop-off area;
  - Incorporate some form of intensive support beds into a partner program (could be within the services' own program or within another provider) to support flow for individuals who need additional support;

## A look at current models (From AZ law)

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- “Observation chair” means a physical piece of equipment that:
  - Is located in a designated area where behavioral health observation/stabilization services are provided,
  - Allows an individual to fully recline, and
  - Is used by the individual while receiving crisis services.
- A patient admitted for behavioral health observation / stabilization services is provided:
  - An observation chair; or
  - A separate piece of equipment for the patient to use to sit or recline that:
    - Is at least 12 inches from the floor; and
    - Has sufficient space around the piece of equipment to allow a personnel member to provide behavioral health services and physical health services, including emergency services, to the patient;



## A look at current models (From AZ law)

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- An observation chair:
  - Effective until July 1, 2015, has space around the observation chair that allows a personnel member to provide behavioral health services and physical health services, including emergency services, to a patient in the observation chair; and
  - Effective on July 1, 2015, has at least three feet of clear floor space:
    - On at least two sides of the observation chair, and
    - Between the observation chair and any other observation chair

## A look at current models (From AZ law)

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- Behavioral health observation/stabilization services are provided in a designated area that:
  - Is used exclusively for behavioral health observation/stabilization services;
  - Has the space for a patient to receive privacy in treatment and care for personal needs; and
  - For every 15 observation chairs or less, has at least one bathroom that contains:
- An administrator of an outpatient treatment center that is authorized to provide behavioral health observation/stabilization services shall:
  - Have a room used for seclusion that complies with requirements for seclusion rooms in R9-10-316, and
  - Comply with the requirements for restraint and seclusion in R9-10-316.

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## Brainstorm!!!

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- (5) The department shall specify physical environment standards for the construction review process that are responsive to the unique characteristics of the types of interventions used to provide care for all levels of acuity in facilities operating under the 23-hour crisis relief center model.

## (2) The physical environment of an agency providing 23-hour crisis receiving center services must:

Draft Rule Language	Points to Consider
<p>(A) Have no more than (#) of recliners per every (#) square foot of floor space</p> <p>(B) Recliners must be fastened to the ground or be of a variety that may prevent it from being picked up by a person.</p> <p>(C) Recliners may be no less than 40 inches apart from one another.</p> <p>(D) Recliners must be sanitized between each use.</p> <p>(E) An agency may temporarily exceed the number of licensed recliners only to comply with the no-refusal policy for law enforcement.</p>	<ul style="list-style-type: none"><li>• The word recliner is used but is not defined.</li><li>• What are the safety standards regarding the type of furniture used?</li><li>• Should the rules be flexible or specific in relation to space?</li><li>• What are the standards of disinfecting furniture and why or would it apply to just the recliners?</li><li>• How many would be needed/allowed to exceed the number required to allow for the exception and do those chairs remain empty until/unless used by law enforcement?</li></ul>

## (2) The physical environment of an agency providing 23-hour crisis receiving center services must:

Draft Rule Language	Points to Consider
<p>(F) Provide a system or systems within the building that give staff awareness of the movements of individuals within the facility. If a door control system is used, it shall not prevent a resident from leaving the licensed space on their own accord, except temporary delays. Such systems include:</p> <ul style="list-style-type: none"><li>(i) Limited egress systems consistent with state building code, such as delayed egress;</li><li>(ii) Appropriate staffing levels to address safety and security; and</li></ul> <p>(G) Policies and procedures that:</p> <ul style="list-style-type: none"><li>(i) Are consistent with the assessment of the individual's care needs and plan; and</li><li>(ii) Do not limit the rights of a voluntary individual.</li></ul>	<ul style="list-style-type: none"><li>• ? Question from attendees?</li></ul>



## (2) The physical environment of an agency providing 23-hour crisis receiving center services must:

Draft Rule Language	Points to Consider
<p>(H) Provide a restraint and seclusion rooms to the specificity of WAC 246-337-127</p> <p>(J) Restraint and seclusion policies and procedures must follow 246-337-105</p> <p>(K) Provide for secure medication storage....</p>	<ul style="list-style-type: none"><li>• Questions from attendees?</li></ul>



QUESTIONS??

## Contact Information

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